

SEPTEMBER



Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

JAYBIRD SENIOR LIVING
senior living *reimagined*

*Fall-ow the Yellow
Brick Road*

10:00-Daily Agenda **1**
-Exercise "Live 2B Healthy"
10:30-Chat Cards
2:00-Happy Hour!
*Tommy Tunes!
Popcorn and Refreshments!
6:00-Table Games

9:30-Hair with Cheryl! **2**
10:00-Movin' with Milly!
10:30-Morning Chat
1:00-Bible Study with Bob!
3:00-Resident Activity Choice!
6:00-Card Club!

3
10:00-Daily Agenda
-Walking Club with Milly!
10:30-Chat Cards
2:00-Activity of Choice
6:00-Evening Games with Friends!

4
10:00-Daily Agenda
Movin with Milly!
10:30-Morning Chat
2:00-Rootbeer Floats
Activity of Choice with Milly!
6:00-Card Club!

5
10:00-Daily Agenda
-Exercise with EmpowerMe!
10:30-Morning Chat
12:00-Communion/ Rosary
2:00-Popcorn!
2:30-Activity Meeting!
6:00-Games of Choice!

6
10:00-Daily Agenda
Octocise Exercise Class!
10:30-Walking Club!
1:00-Vitals with Nicole!
2:00-Barnes and Noble!
3:00-Starbucks Café
6:00-Games of Choice

7
10:00-Daily Agenda
-Exercise "Live 2B Healthy"
10:30-Morning Chat
1:30-Thursdays Theatre!
"Labor Day" -Kate Winslet
3:30-Movie Recap
6:00-Card Club!

8
10:00-Daily Agenda
-Exercise "Live 2B Healthy"
10:30-30 Second Mysteries
2:00-Games of Choice!
Popcorn with Anita!
6:00-Table Games
Happy Hour on Saturday!

9
9:30-Hair with Cheryl
10:00-Movin' with Milly!
10:30-Morning Chat
1:00-Bible Study with Bob!
2:00-Happy Hour
*Tammy and The One Man Band!
6:00-Card Club!

10
10:00-Daily Agenda
-Walking Club with Milly!
10:30-30-Second Mysteries
2:00-Root Beer Floats!
6:00-Evening Games with Friends!
Natl. Assisted Living Week!

11
10:00-Exercise "Live 2B Healthy"
10:30-Morning Chat
2:00-Chatting with The Chef!
Resident Dietary Meeting
3:00-Community Cook-Book!
What is your favorite recipe?
Natl. Assisted Living Week!

12
10:00-Daily Agenda
-Exercise with EmpowerMe!
10:30-Chat Cards
12:00-Rosary / Communion
2:00-Resident and Staff
Show and Tell!
Natl. Assisted living week!

13
10:00-Daily Agenda
Octocise Exercise Class!
10:30-Walking Club!
2:00-Hand Hygiene
Baking with Chef!
6:00-Games of Choice
Natl. Assisted Living Week!

14
10:00-Daily Agenda
-Exercise "Live 2B Healthy"
10:30-Morning Chat
1:30-Thursdays Theatre!
"Summersby" -Richard Gere
3:30- Movie Recap!
Natl. Assisted Living Week!

15
10:00-Go-Nuts for Donuts!
10:30-Coffee Klatch
2:00-Happy Hour!
*Jeremy Wright!
Popcorn and Refreshments!
6:00-Table Games
Natl. Assisted Living Week!

16
9:30-Hair with Cheryl
10:00-Movin' with Milly!
10:30-Morning Chat
1:00-Bible Study with Bob!
3:00-Resident Activity Choice!
6:00-Card Club!

17
10:00-Daily Agenda
-Walking Club with Milly!
10:30-Chat Cards
2:00-Activity of Choice
6:00-Evening Games with Friends!

18
10:00-Daily Agenda
-Exercise "Live 2B Healthy"
11:00-Lunch at McDonald's!
2:00-Resident Town Hall!
3:00-Rootbeer Floats
6:00-Games of Choice
National Cheeseburger Day!

19
10:00-Daily Agenda
-Exercise with EmpowerMe!
10:30-30 Second Mysteries
12:00-Rosary / Communion
2:00-Adult Coloring
3:30-Hand Hygiene
6:00-Games of Choice

20
10:00-Daily Agenda
Octocise Exercise Class!
10:30-Walkig Club!
2:00-Shopping @ Target
3:30-Hand Hygiene
6:00-Games of Choice

21
10:00-Daily Agenda
-Exercise "Live 2B Healthy"
10:30-Morning Chat
1:30-Thursdays Theatre!
"Pretty Woman" Julia Roberts
3:30-Movie Recap
6:00-Card Club!

22
10:00-Daily Agenda
-Exercise Live 2B Healthy"
10:30-Chat Cards
2:00-Happy Hour!
*Bob Arttime!
Popcorn and Refreshments!
6:00-Table Games

23
9:30-Hair with Cheryl
10:00-Movin' with Milly!
10:30-Morning Chat
1:00-Bible Study with Bob!
3:00-Resident Activity Choice!
6:00-Card Club!
First Day Of Fall!

24
10:00-Daily Agenda
-Walking Club with Milly!
10:30-Morning Chat
2:00-Activity of Choice!
6:00-Evening Games with Friends

25
10:00-Daily Agenda
-Exercise "Live 2B Healthy"
10:30-Morning Chat
2:00-BINGO with Mary JO, and
Hospice of Southern IL.
6:00-Games of Choice

26
10:00-Daily Agenda
-Exercise with EmpowerMe
10:30-Morning Chat
12:00-Rosary / Communion
2:00-Popcorn
2:30-UNO Card Game
6:00-Games of Choice

27
10:00-Daily Agenda
Octocise Exercise Class!
10:30-Walking Club
2:00-Shopping @ Dollar Tree
3:30-Hand Hygiene
6:00-Games of Choice

28
10:00-Daily Agenda
-Exercise "Live 2B Healthy"
10:30-Morning Chat
1:30-Thursdays Theatre!
"Wizard of OZ"-Judy Garland
3:30-Movie Recap
6:00-Card Club!

29
10:00-Daily Agenda
-Exercise "Live 2B Healthy"
10:30-30 Second Mysteries
2:00-Happy Hour!
*Linda Ford!
Popcorn and Refreshments!
6:00-Table Games

30
9:30-Hair with Cheryl
10:00-Movin' with Milly
10:30-Morning Chat
1:00-Bible Study with Bob!
3:00-Resident Activity Choice
6:00-Card Club!