

2907 S. 6th Street  
Marshalltown, IA 50158



(641) 752-8410

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Resident Birthdays

- August 1– Betty Christerson**
- August 3– Bonnie Pappas**
- August 7– Bob Taylor**
- August 9– Joyce Adkisson**
- August 13– Barb Ytzen**
- August 18– Sandra Vas**
- August 21– Phyllis Ethington**
- August 23– Gary Weede**

Let’s Celebrate  
August Birthdays!

Join us Friday, August 4th @ 4 PM in the  
Gathering Room for cake & ice cream.



Dare to Dream: Bob

Vroooooom, vroooooom! Melinda and Mark worked together on June’s Dare to Dream, surprising resident, Bob, with a Friday night at the Marshalltown Speedway. Bob is an avid race fan, so it was exciting to surprise him with a trip to the race track. We would like to thank the Marshalltown Speedway for providing Bob and staff to a thrilling night at the track. Bob was treated to pit passes, food and drinks. Bob has a lifelong love for racing and shared memories of him and his son attending the races. A wonderful night, and another Dare to Dream accomplished for a very special resident.



Do you have a Dare to Dream in mind? Chat with us. We want to help make your Dream come true.



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Notable Events

- August 1-4 @ 10am, ARL Leash Class
- August 3 @ 3pm, Alan Mulliken Music
- August 3 @ 6pm, Movie: 310 To Yuma
- August 11 @ 4pm, Happy Hour, Sing-a-long
- August 14 @ 1pm, Karaline & Horse
- August 15 @ 3pm, Resident Council
- August 16 @ 4pm, Hymn Sing with Felicia
- August 16 @ 6pm, Horse & Carriage Ride
- August 17 @ 3pm, Movie: Apple Dumpling Gang
- August 18 @ 4pm, Round Up Rodeo Happy Hour
- August 21 @ 1pm, Cindy Soderberg Bible Sing-a-long
- August 21 @ 6pm, Family Trivia Night
- August 25 @ 10am, Billy Wilson
- August 26 @ 10am, Texas Road House
- August 31 @ 10:30am, Pilgram Heights



Director's Corner



Hold on to your saddle as we venture into August's theme: A Journey to the Wild West! If you read the Notable Events section on page 1, you may notice the Western theme. I'm especially looking forward to the horse and mule duo visit on August 16th. Another new and exciting event this month is Family Trivia Night on August 21st. This event is a great opportunity for new and veteran community members and staff to get together and socialize. Get your family rounded up, and ready to for a friendly competition. Details below. Our outings will include trips to Texas Roadhouse, Dairy Queen and Pilgram Heights. Make sure to sign up early to reserve your seat on the bus. We will be enjoying weekly happy hours with western-themed foods.

August also brings Iowa State Fair week! The Iowa State Fair holds a special place in many of our residents hearts. If visiting the Iowa State Fair isn't possible, we want to bring the fun to you. Check the calendar Aug. 13-18 for a fun Fair activity each day. Butter sculpting, Best in Show, and a Corn Shucking contest to name a few! Fair food will also be apart of the week.

This isn't our first rodeo as we plan new, fun things to engage your life, but we always love to hear your ideas. Where would you like to go? Is there a new restaurant you want to try, or field trip we should take? Let us know, we are here to enrich your life!

Happy trails, Lisa

Engaging Life one adventure at a time!

FAMILY TRIVIA NIGHT

PRIZES | SNACKS | DRINKS

21 AUG

Start at 6:00PM

Glenwood Place Gathering Room

Family and friends are invited to join us for Family Trivia Night. 5 Rounds, 10 questions each round. A variety of categories to test your minds. Residents and families must form teams of 3-5 people. If there are single players, we will form a team of singles. Registration required by August 14: call 641-752-8410

New Wellness Area

Our community most recently updated one of our common spaces to a wellness area. The room is furnished with a NuStep bike, weights, resistance bands, television and sitting chairs. This space can be found in the west addition, lower level in the 170's hallway. We encourage you to explore the new space, move your body and get that blood pumping!



Dog Leash Making

Join us Aug. 1-4 at 10am to make dog leashes out of rope. The Animal Rescue League will then sell them as a fundraiser. How many leashes can our community make?!

Brooke's Blog | Dementia Care Demands

The need for dementia care continues to trend upward. We are seeing more and more families coming to us needing immediate memory care, leaving them on a waiting list because of our limited availability in Gardens. Are you providing care to a loved one with memory loss? If so, it's time to get to know our community. I encourage you to come tour, enjoy a meal, join an activity, and get on our waiting list. When an apartment comes open, we can move quickly to get your loved one into their new home. The same applies to our assisted living program. Join us for meals and activities is a great way to get to know your new home before you move in. Residents, do you have a friend that could benefit from assisted living? Invite them over. It's time to move to happy.— Brooke



July Highlights | A Look Back

