

AUGUST



Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Journey to the Wild West

8:30 Coffee Social
10:30 Sing –Fit
11:30 Lunch
1:30 Making Friendship Bracelets
(Both AL & MC)
3:30 Snacks
4:30 Dinner

1

8:30 Coffee Social
10:30 Sing—Fit
11:15 Iowa Cubs Games
11:30 Lunch
2:00 Puzzles
3:00 Church Ladies Perform
4:30 Dinner

2

8:30 Coffee Time
10:30 Sing—Fit
11:30 Lunch
1:00 Walmart Trip
2:00 Corn Hole
3:00 Connect Four
4:30 Dinner

3

8:30 Coffee Time
10:30 Resident Council
11:30 Lunch
1:00 Bingo (AL & MC)
2:00 Bingo (AL & MC)
3 Family Feud
4:30 Dinner

4

9:00 Coffee Social
10:00 Board Games
11:00 Coloring
11:30 Lunch
2:00 Movie w/ Popcorn
4:30 Dinner

5

9:00 Coffee Social
10:00 Calming Music
10:30 Card Games
11:30 Lunch
1:30 Puzzles
3:00 Church (AL)
4:30 Dinner

6

8:30 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Western Craft (AL)
2:00 Western Craft (MC)
3:00 Croquet (AL)
4:30 Dinner

7

8:30 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Altoona Library Craft (AL)
1 to 3:00 Movie w/Popcorn
3:00 Trash Card Game
4:30 Dinner

8

8:30 Coffee Social
10:30 Sing Fit
11:30 Lunch
1:30 Balloon Ball
3:00 Church Ladies Perform
4:30 Dinner

9

STATE FAIR STARTS
8:30 Coffee Social
10:30 Sing Fit
11:30 Lunch
2:00 Bingo (AL & MC)]
3:30 Snacks & Drinks
4:30 Dinner

10

8:30 Coffee Social
10:30 Nail Care (AL & MC)
11:30 Lunch
2:00 Casino
2:30 Ring Toss (MC)
3:30 Snacks
4:30 Dinner

11

9:00 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Walk & Talk (AL &MC)
2:00 Wii Games (AL)
3:00 Puzzles (MC)
4:30 Dinner

12

9:00 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Bean Bags (AL)
1:00 Puzzles (MC)
2:00 Cards/ 3:00 Church
4:30 Dinner

13

8:30 Coffee Social
10:30 Today in History
11:30 Lunch
1:30 Rock Painting (AL & MC)
3:00 Skee Ball
4:30 Dinner

14

8:30 Coffee Social
10:30 Sing Fit
11:30 Lunch
1:30 Bin Store (AL)
2:30 Puzzles (MC)
3:30 Snacks
4:30 Dinner

15

8:30 Coffee Social
10:30 Shoulder Rubs
11:30 Lunch
1:30 Ring Toss
3:00 Church Ladies Perform
3:30 Snacks & Drinks
4:30 Dinner
5:00 to 6:00 DEMENTIA SUPPORT

16

8:30 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Pictionary (AL)
2:00 Coloring (MC)
3:30 Snacks & Drinks
4:30 Dinner

17

8:30 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Bingo (AL& MC)
2:00 Bingo (AL & MC)
3:00 Trivia (AL)
4:30 Dinner

18

9:00 Coffee Social
10:00 Puzzles
11:00 Balloon Ball
11:30 Lunch
2:00 Movie w/ Popcorn
4:30 Dinner

19

STATE FAIR ENDS
9:00 Coffee Social
10:00 Coloring w/Music
11:30 Lunch
2:00 Card Games
3:00 Church (AL)
4:30 Dinner

20

8:30 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Nail Care (AL)
2:00 Nail Care (MC)
3:00 Country Store (AL)
4:30 Dinner

21

8:30 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Country Drive
2:00 Bean Bags
3:00 Connect Four
4:30 Dinner

22

8:30 Coffee Social
10:30 Walk Outside
11:30 Lunch
1:30 Sorry Games
3:00 Church Ladies Perform
3:30 Snacks
4:30 Dinner

23

8:30 Coffee Social
10:30 Sing Fit
11:30 Lunch
1:30 Balloon Ball
2:00 Bingo (AL & MC)
3:30 Snacks
WILD WEST COOK OUT
4:30 TO 6:00

24

8:30 Coffee Social
10:30 Sing Fit
11:30 Lunch
1:30 Ring Toss
3:00 Bean Bags
4:30 Dinner

25

9:00 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Darts (MC)
2:00 Dominos (AL)
3:00 Pictionary
4:30 Dinner

26

9:00 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Gospel Music (AL & MC)
2:00 Connect Four (Both)
3:00 Church (AL)
3:00 Cards (MC)
4:30 Dinner

27

8:30 Coffee Social
10:30 Today in History
11:30 Lunch
1:30 Bean Bags
2:30 Western Game (AL & MC)
3:30 Snacks
4:30 Dinner

28

8:30 Coffee Social
10:30 Sing Fit
11:30 Lunch
1:30 Crafts (AL & MC)
3:00 Card Games
3:30 Snacks
4:30 Dinner

29

8:30 Coffee Social
10:30 Sing Fit
11:30 Lunch
1:30 Dart Ball
3:00 Church Ladies Perform
3:30 Snacks
4:30 Dinner

30

8:30 Coffee Time
10:30 Sing Fit
11:30 Lunch
1:00 Family Feud
2:00 to 3:00 Resident Birthday
3:00 to 6:00 HAPPY HOUR
EVERYONE

31

JAYBIRD SENIOR LIVING
senior living *reimagined*

AUGUST



Memory Care ACTIVITY CALENDAR

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Journey to the Wild West

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		