

Directory of Information

LEADERSHIP TEAM

Executive Director:

Lisa Urbanek
319.533.0397
director@garnettplace.net

Health Care Coordinator:

Brittni Rose
319.893.3733
nurse@garnettplace.net

Assistant Health Care Coordinator

Shannon Hinton
319.632.6360
nurse2@garnettplace.net

Life Engagement Coordinator/ Administrative Assistant:

Tahlia Hauptly
319.362.3630
memorycare@garnettplace.net

Community Relations Coordinator:

Alicia Prenosil
319.533.5050
welcome@garnettplace.net

Culinary Coordinator:

Jeremy Curl
319.533.0409
kitchen@garnettplace.net

Maintenance Coordinator:

Da'Patrick Jones
319.929.6890
maintenance@garnettplace.net

Transportation Information

319.540.3630

Please inform transportation at least 48 hours in advance of drive needs.

Appointment hours:

8:30a to 3:00p

Monday, Wednesday, Thursday, Friday.

No transportation on Tuesdays

Tuesdays are reserved for activity.

Dining Room Hours of Operation:

Breakfast:

7:00a to 9:00a

Lunch:

11:00a to 1:00p

Dinner:

4:00p to 6:00p

Times will vary per dining room.

Please check with your server.

Additional snacks and beverages available 24/7

Community Programs

Healthy For Life

MWF | 10:00a | ONR Therapy

Meghan Wyatt : 319.451.0244

"Healthy for Life" is an exercise class led by Meghan, our EmpowerMe Clinical Director and Occupational Therapist.

SingFit

Tuesdays | 1:00p

SingFit is a musical program and therapeutic program that creates full body, active music-making experiences and facilitated by Tahlia.

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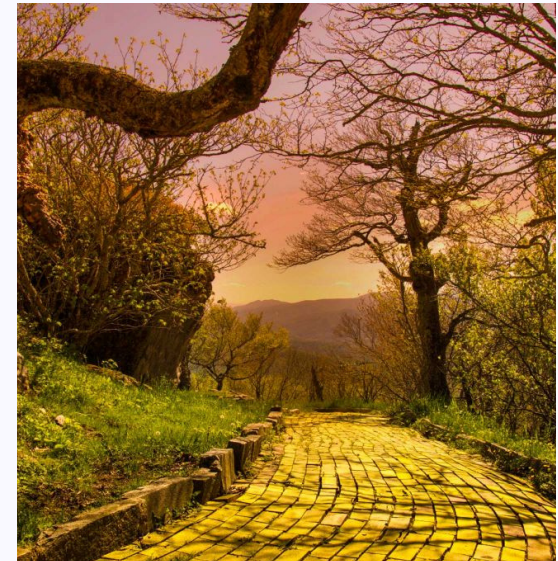
"Fall-ow the Yellow Brick Road"

Fundraise to End Alzheimer's

This month, we invite you all to help the Garnett Place team fundraise for the upcoming Walk to End Alzheimer's on October 14th.

We will be tracking our progress through a Wizard of Oz theme progress bar. Help Dorothy make her way to the Emerald City and our fundraising goal, along the Yellow Brick Road by making donations through our Facebook and our upcoming sales including t-shirts, baked goods, and community rummage sale!

More details to come!



Resident Birthdays

Helen P. | September 18

James D. | September 22

Doug M. | September 28



Professionally Managed by
Jaybird Senior Living



202 35th Street Dr. SE
Cedar Rapids, IA

319.362.3630
GarnettPlace.net



Community Reminders

SEPTEMBER HIGHLIGHTS

September 4
Labor Day

September 6
National Read a Book Day

September 10 - 16
National Assisted Living Week

September 11
Patriot Day

September 14
National Live Creative Day

September 18
Rice Krispies Treats Day

September 23
First Day of Autumn

Upcoming Meetings in the Community:

- Activities Planning Meeting:
September 21 @ 2:00p
in 202 Activity
- Resident Council Meeting:
September 27 @ 3:00p
in 208 Lobby
Open to all residents to meet
with the coordinators to discuss
each department



Community News

TEAM MEMBER RECOGNITION

Happy Birthday!

Linda S. | September 5

Logan O. | September 9

Shaq J. | September 29

Happy Anniversary!

Linda M. | September 1

Wealee N. | September 2

Delcontee W. | September 2

Shaq J. | September 7

Jasmine H. | September 12

Logan O. | September 21



We invite all friends and family of our community to join us for an afternoon of Wizard of Oz trivia and snacks straight out of the Emerald City!

We hope to see you there!



Searching for September

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



- | | | |
|------------------------------|------------------|----------------|
| ASTER | LEAVES | SCALES (Libra) |
| AUTUMN | LIBRA | SEPTEMBER |
| GRANDPARENTS DAY | MORNING GLORY | SUKKOT |
| HARVEST | OKTOBERFEST | VIRGIN (Virgo) |
| INDEPENDENCE DAY
(Mexico) | ROSH
HASHANAH | VIRGO |
| LABOR DAY | SAPPHIRE | YOM KIPPUR |

Director Greeting

Welcome to September!



Hello everyone!

I hope you all had a wonderful month! For those of you who haven't met our new Community Relations Coordinator, we welcomed Alicia to our team last month! We are so excited to have her as part of our Leadership Team, which we can now officially say is completely fully staffed for! We are all working hard to continue making the necessary updates for the community and departments, and I am looking forward to seeing what the team brings to the table for September!

I hope you all have a wonderful month!

Lisa Urbanek
Director

**WELCOME
HOME!**

Phyllis B.

Shelley S.

202 35th Street Dr. SE, Cedar Rapids, IA
(319) 362-3630

Coordinator Greetings



Hello friends,

I hope everyone is staying cool and hydrated on these hot days! For Health Care updates, I am happy to report that I am working hard at getting together a Vaccine Clinic for all interested residents. I will let you know more information as the details are finalized. I also want to remind everyone that the podiatrist will be here on September 26th. If you would like to be seen, please make sure to sign up.

This month I will be celebrating the "Big 4-0" on September 18th. My family and I will be going to the waterpark the following weekend to celebrate.

I hope you all have an amazing month!

Brittni Rose
Health Care Coordinator

Hello Garnett Place!

We've been busy this month cleaning up and updating everyone's files. We will be continuing to work on some behind the scenes tasks to streamline our caring for you and your loved ones.

This month's Vitals Clinic will be taking place on September 14th, a week earlier than usual due to an upcoming conference for Brittni and myself to attend.

Have a wonderful September!

Shannon Hinton
Assistant Health Care Coordinator



Refer a Friend



to live at Garnett Place

Do you know someone that could benefit from all that life at Garnett Place has to offer? Give them the chance to embrace personal freedom and explore the endless opportunities to connect with others, join in activities, and live their life to the fullest.

Refer a friend to our community before the end of the year and receive

\$1,500 Off Your Rent!

*to be applied 30 days after they move in

Contact the Garnett Place main office to refer your friends!



JAYBIRD SENIOR LIVING 
senior living *reimagined*

Coordinator Greetings

Hello Garnett Place!

For this month, I have made some more small changes to the menu, so make sure to keep an eye out for those. If there is anything you want to see on future menus, let me know and I can see what I can do to accommodate that for you.

The summer is over but the kids definitely had fun. We took a couple of small trips but now they have started school. Kylee, my oldest, started high school as a freshman this year, Korie, my middle child, is starting 4th grade and my son is starting 1st grade. My wife is still nannying our niece and starting to get stuff ready for her art business for fall and winter shows.

I hope you all have a great month.

Jeremy Curl
Culinary Coordinator



Hey y'all!

For housekeeping updates, I want to share with everyone some changes in our team! We have welcomed Delcontee W. to our department. Delcontee has been working here at Garnett Place for a year now as a Resident Assistant before deciding to switch over. She will be taking over Linda's schedule as Linda is switching over to being an RA full time.

For Maintenance updates, we have been busy flipping apartments and getting things ready for new friends to come and join the Garnett Place family. And I want to give a shout out to the landscapers for doing such an incredible job out there!

Hope you all have a good month!

Da'Patrick Jones
Maintenance Coordinator

Coordinator Greetings

Happy September!



Thank you everyone who participated in all of our Wild West fun last month! It was so fun to see everyone get in the spirit and I want to thank Elizabeth again for going above and beyond to help the theme truly come to life! This month's theme is "Fall-ow the Yellow Brick Road" so you can expect all things Wizard of Oz or celebrating the Autumn season and I am so excited to show you all everything we have planned in honor of the theme!

I think you will find September to be busy, but fun, as we offer a variety of activities and events, both new and old. This month's special outing will be to the casino, we will be having a trivia event on September 30th, that we invite all friends and family to join us for, we have a collaboration event with EmpowerMe and their Fall Fest for National Falls Prevention Awareness Week, and we will have an extra special week of activities for staff and residents in honor of National Assisted Living Week September 10-16th. I am so excited for this month and can't wait to see everything come together!

Tahlia Hauptly
Life Engagement Coordinator/Administrative Assistant

Hi everyone!

For those of you who I haven't had a chance to meet yet, my name is Alicia Prenosil, and I am the new Community Relations Coordinator here at Garnett Place. To share a little about myself, I was born and raised here in Cedar Rapids and graduated from Kennedy High School. My husband, Derrick and I have been together for 29 years and he's my high school sweetheart. Together we have two kids, Dalton who is 23 and Dakota who is 21. My career so far has been in Customer Service with an emphasis on marketing, sales, construction and housing. My husband and I also have our own construction company.

I am so grateful to be here and to help bring you some new neighbors and friends into the community. I look forward to getting to know you all more and I hope you all have an amazing month!

Alicia Prenosil
Community Relations Coordinator

