

PARKER PLACE

NEWSLETTER

Parker Place Retirement

Assisted Living, Memory Care and Respite Care

707 Hwy 57. Parkersburg, IA. 50665

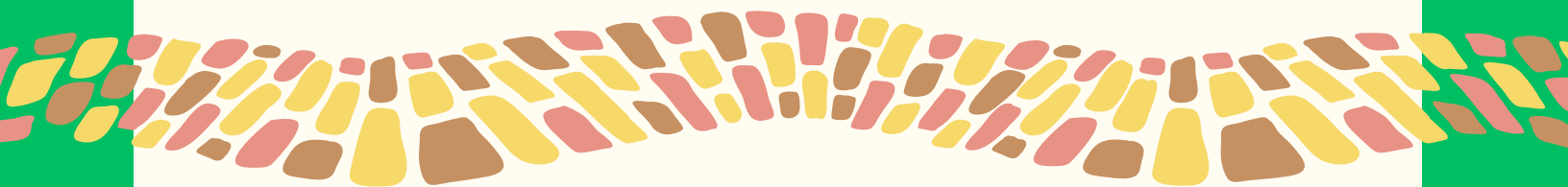


**Follow the
Yellow Brick
Road**

Contact:

Phone: 319.346.9771

Fax: 319.346.9975



**Exceptional Care. Extraordinary Living.
Professionally Managed by Jaybird Senior Living.**

Parker Place Coordinator Team

**Director
Kelly Feeney
director@parkerplaceretirement.com**

**Health Care Coordinator
Jill Kalkwarf
nurse@parkerplaceretirement.com**

**Community Relations Coordinator
Kaitlynn Freese
welcome@parkerplaceretirement.com**

**Life Engagement Coordinator
Libby Dwyer
lifeenrichment@parkerplaceretirement.com**

**Cullinary Coordinator
Janet Milota
chef@parkerplaceretirement.com**

**Maintenance Coordinators
Steven Deberg & Tom Moffit
maintenance@parkerplaceretirement.com**



September Birthdays

Beth Scourick

September 2nd

Alice Boushelle

September 17th

Joan Schuck

September 23rd

Famous Birthdays

Freddie Mercury

September 5th

Brigitte Bardot

September 13th

Lauren Bacall

September 16th

Anne Bancroft

September 17th

Greta Garbo

September 18th

Sophia Loren

September 20th



Upcoming Events

There's No Place Like Home

September 14th @ 2:00 pm

**Join us for snacks and a showing of the
Wizard of OZ**

2023 Walk to End Alzheimers

September 23rd in Cedar Falls, IA

Registration at 8 a.m. Ceremony at 9 a.m.

Walk at 9:30 a.m.

Get Witchy with Us

September 28th @ 2:00 pm



**Come enjoy drinks and snacks at our
monthly happy hour!**

**Join us every Wednesday @ 10:00 am for a
community church service.**

**We offer an exercise class every Monday,
Tuesday, Thursday and Friday @ 10:00 am.**

September National Days

- 9/1 - National College Colors Day
- 9/5 - National Be Late for Something Day
- 9/6 - National Read a Book Day
- 9/12 - National Chocolate Milkshake Day
- 9/13 - National Peanut Day
- 9/14 - National School Picture Day
- 9/18 - National Cheeseburger Day
- 9/22 - National States and Capitols Day
- 9/25 - National One Hit Wonder Day
- 9/28 - National Good Neighbor Day
- 9/29 - National Coffee Day



Creamy Broccoli Apple Salad



Ingredients for Broccoli and Apple Salad

- 4 cups fresh broccoli florets (about 2 medium heads)
- 1/2 cup shredded carrots
- 1/4 cup diced red onion
- 2 large apples finely chopped (Some people like gala apples)
- 1/2 cup pecans coarsely chopped
- 1/2 cup dried cranberries

Creamy Dressing Ingredients

- 1/2 cup lite mayonnaise
- 1/2 cup low fat greek yogurt
- 2 Tablespoons lemon juice
- 1 Tablespoon sugar
- 1/4 teaspoon salt
- 1/8 teaspoon pepper

How to Make:

1. **Combine:** In a large bowl combine broccoli, carrots, red onion, apples, pecans, and dried cranberries
2. **To make the dressing:** Whisk together mayonnaise, greek yogurt, lemon juice, sugar, salt and pepper.
3. **Add:** the dressing to the salad and toss to coat. Chill until ready to serve.

September Fun Facts

September was originally the seventh month of the year.

September 2023 calendar

September derives its name from the Latin word "septem," which means "seven". This is because, in the original Roman calendar, September was actually the seventh month of the year. It was only later that the calendar was adjusted to include the months of January and February.

The first newspaper in the United States was published on September 25th, 1690!

The birthstone for September is sapphire.

A full moon in September is called Corn Moon. Why Corn Moon? Because it traditionally coincides with the time of the year when corn is harvested in North America.

The birth flowers for September are the aster and morning glory.

September is the only month with the same number of letters in its name as the number of the month (9).

In the northern hemisphere, September 22nd is the fall equinox. This means that the day and night hours are roughly the same. From here on out the daylight hours will begin to get shorter!

Not only is it the month with the most letters; its nine total letters also equal its position in the calendar, the ninth month of the year!