#### Volume X

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601 Hawthorne Crossing Dr. Bondurant, IA 50035

**Courtyard Estates** Assisted Living Communities

(515) 957-8399 www.courtyard-estates.net

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## **Contact Information**

#### Director:

Sarah Aquirre director@courtyard-estates.net **Community Relations Coordinator:** Jiuan Hakeem

welcome@courtyard-estates.net

Healthcare Coordinator's: Lindsey Strable RN nurse@courtyard-estates.net

Daisy Brunia LPN

nurse2@coutryard-estates.net **Culinary Coordinator** Robert Clinton culinary1@courtyard-estates.net

Life Enrichment Coordinator's: Wilma Miller phlife@courtyard-estates.net

Pat Scholtes

BDLife@Courtvard-estates.net

Maintenance Coordinator

Brandon Howard maintenance@courtyard-estates.net

# **Resident Birthdays**

Robin W - Sept 13 Betty B - Sept 28



Monthly birthday for Sept will be celebrated on the 29th of this month at 3:00pm

# WELCOME ABOARD

# In this Issue:

You will find that Courtyard Estates is planning some fun events for October.

We are preparing for some up coming events. Halloween is around the corner so we are getting prepared for that.

4 **Professionally Managed by** 





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### **Notable Events**

**Every Wednesday Church Ladies** Perform 3:00 to 4:00 PM

**Birthday Celebration Sept 29** 

Networking Event Thursday September 21 for professionals happy hour 4:30 to 6:00 pm.

# **Exceptional Care. Extraordinary Living.**

### **New Staff**

We here at Courtyard Estates would like to welcome a couple new staff to our team some current staff that took a different positions in our building. Welcome Lindsey Strable who is our new RN Daisy Brunia who is our new LPN, and Brandon Howard who is our new Maintenance Director.

We also have a new cook his name is Joey (Jojo) and a new server whose name is Cole,

Alzheimer's Poem

Do not ask me to remember Do not try to make me understand Let me rest and know you're with me Kiss my cheek and hold my hand I'm confused beyond your concept I am sad and sick and lost All I know is that I need you to be with me at all cost Do not lose your patience with me Do not scold or curse my cry I can't help the way I'm acting Can't be different though I try Just remember that I need you That the best of me is gone Please don't fail to stand beside me Love me till my life is done

# Life Engagement Cooridantor

Hello to all from the Activity Director, hard to believe we are already going into September which means fall is around the corner. First I would like to give a shout out to Palma Cramer's family for donating her Large Print Computer very much appreciated. Couple things we are wanting to do this fall is we are going to pair up with Bondurant Beggars who are doing a Trunk and Treat for Halloween and if there are families that want to do it they are more then welcome to come set up with there vehicles in the parking lot, you are more then welcome to just us know. We would also like to ask Families to bring in some pictures so we can update the Memory Boxes in Memory Care. If family can also help us with some of our Dare to Dream or if there is something that your family members would like to do that they haven't had the chance or would like to do again let us know and we will help make it happen. We have been gathering some tomatoes and onions from our garden. Planning a trip to the orchards in the next couple weeks. Also going to the Farmers Market in the next week or so.



Here are some cross crafts that the Residents have made out of clothes pins. We would I also like to let everyone know that we will be having someone come in that is a Licensed to do nails and will be in the building twice a month on Tuesday's in September.

#### **Hello Nails by Koti**

Pricelist Manicure: \$40 Gel Manicure: \$50 Dip Powder: \$60 Nails trim (Hands): \$10 Nails trim (Feet):\$15

#### Add Ons

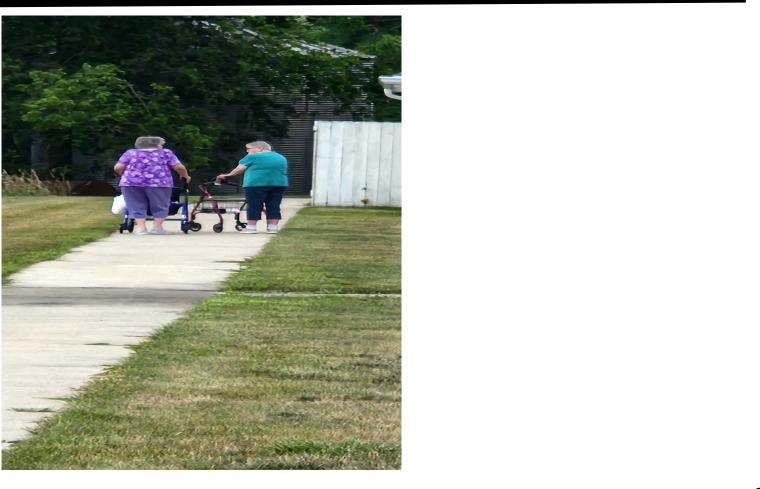
French Style: \$5 Designs: \$5 & Up Long Nails: \$5 Extension/tips: \$5 Take off Only (Gel): \$15 Take off Only (Dip): \$20

> Waxing Eyebrows: \$15 Lips: \$10 Chin: \$15

Please call or text Koti @ 515-943-1089 for any questions **Appointment Only** 

#### Staff Spotlight





Kelso is our housekeeper and does and amazing job helping out in other areas when he is asked to . Kelso was also nominated from staff members and also from families for always stepping in and helping . Always has a smile on his face while doing whatever needs to be done. Thanks for all you do at Courtyard Estates Kelso. Much appreciated.

### Activities



Here are a few photos of a trip we took to Lori's Ice Cream Shoppe and as you can see it looks like they all enjoyed there ice cream. Thanks to Lori for opening up for us so we can come in for a treat on a hot day.

