

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*** CALENDAR IS SUBJECT TO CHANGE BASED ON AVAILABILITY, WEATHER, AND RESIDENT DESIRES **** Please contact Tahlia, Life Engagement Coordinator, for any updates or with any questions, comments or concerns!</p>	<p>Transportation Services: Call Steve, (319) 540-3630 Reminder, there is NO transportation available on Tuesdays as they are reserved solely for activity trips.</p>	<p>Happy Birthday! Linda S. September 5 Logan O. September 9 Helen P. September 18 James D. September 22 Doug M. September 28 Shaq J. September 29</p>			<p>1</p> <p>9:00 Men's Coffee 9:30 Devotions 10:00 "Healthy for Life" Exercise Class w/ EmpowerMe 1:15 Bingo 2:30 Jeopardy Trivia 3:15 The HUB -- Wizard of Oz Crafts 4:00 Uno</p>	<p>2</p> <p>8:30 Daily Chronicles 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:00 Farkle with Friends 3:00 Resident Led Social Hour</p>
<p>3</p> <p>8:30 This Week in History 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:15 New Covenant Worship 2:15 Resident Led Bingo 3:15 Farkle with Friends 6:00 Puzzles & Games</p>	<p>4 Labor Day</p> <p>9:30 Devotions 10:00 "Healthy for Life" Exercise Class w/ EmpowerMe 11:00 HappyGram 1:00 Ladder Toss 2:00 Cranium Crunch 3:00 Margarita Monday</p>	<p>5</p> <p>9:30 Devotions 10:00 Activity TBD 10:00 Store Trip 12:30 Resident Led Euchre & Farkle 1:00 SingFit Music Therapy 2:00 Book Club 2:30 Scenic Drive 3:00 Chair Yoga</p>	<p>6</p> <p>9:30 Devotions 10:00 "Healthy for Life" Exercise Class w/ EmpowerMe 11:00 Country Cabinet Store Open until 1:00p 1:15 Music w/ Mike & Bonnie 2:15 "Activities in Print" Board Refill 3:00 Bingo</p>	<p>7</p> <p>9:30 Devotions 10:00 Chair Tai Chi 10:30 Catholic Communion 12:30 Euchre, Farkle & Games 1:00 Nail Care 1:00 The HUB — Open Crafts 3:00 Birthday Party w/ Harold Gray</p>	<p>8</p> <p>9:00 Men's Coffee 9:30 Devotions 10:00 "Healthy for Life" Exercise Class w/ EmpowerMe 1:15 Bingo 2:30 Jeopardy Trivia 3:15 The HUB -- "Somewhere Over the Rainbow" Crafts 4:00 Uno</p>	<p>9</p> <p>8:30 Daily Chronicles 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:00 Farkle with Friends 3:00 Resident Led Social Hour</p>
<p>10 Grandparents' Day</p> <p>8:30 This Week in History 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:15 New Covenant Worship 2:15 Resident Led Bingo 3:15 Farkle with Friends 6:00 Puzzles & Games</p>	<p>11 Patriot Day</p> <p>National Assisted Living Week : Special Activity TBD 9:30 Devotions 10:00 "Healthy for Life" Exercise Class w/ EmpowerMe 11:00 HappyGram 1:00 Balloon Volleyball 2:00 Cranium Crunch 3:00 Margarita Monday</p>	<p>12</p> <p>National Assisted Living Week : Special Activity TBD 9:30 Devotions 10:00 Activity TBD 10:00 Store Trip 12:30 Resident Led Euchre & Farkle 1:00 SingFit Music Therapy 2:00 Book Club 2:30 Scenic Drive 3:00 Chair Yoga</p>	<p>13</p> <p>National Assisted Living Week : Special Activity TBD 9:30 Devotions 10:00 "Healthy for Life" Exercise Class w/ EmpowerMe 11:00 Country Cabinet Store Open until 1:00p 1:15 Music w/ David W. 2:15 "Activities in Print" Board Refill 3:00 Bingo</p>	<p>14</p> <p>National Assisted Living Week : Special Activity TBD 9:30 Devotions 10:00 Pedal the World 10:30 Catholic Communion 12:30 Euchre, Farkle & Games 1:00 Nail Care 1:00 The HUB — Open Crafts 3:00 Happy Hour w/ Harold O.</p>	<p>15</p> <p>National Assisted Living Week : Special Activity TBD 9:00 Men's Coffee 9:30 Devotions 10:00 "Healthy for Life" Exercise Class w/ EmpowerMe 1:15 Bingo 2:30 Jeopardy Trivia 3:15 The HUB -- T in Man Crafts 4:00 Uno</p>	<p>16 Rosh Hashanah Begins</p> <p>National Assisted Living Week : Special Activity TBD 8:30 Daily Chronicles 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:00 Farkle with Friends 3:00 Resident Led Social Hour</p>

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Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
17	Citizenship Day	18		19		20		21		22	Native American Day	23	Fall Begins
8:30	This Week in History	9:30	Devotions	9:30	Devotions	9:30	Devotions	9:30	Devotions	9:00	Men's Coffee	8:30	Daily Chronicles
9:30	Resident Led Devotions	10:00	"Healthy for Life" Exercise Class w/ EmpowerMe	10:00	Activity TBD	10:00	"Healthy for Life" Exercise Class w/ EmpowerMe	10:00	Chair Tai Chi	9:30	Devotions	9:30	Resident Led Devotions
10:00	"Left, Right, Center" Game	11:00	HappyGram	10:00	Store Trip	10:00	Country Cabinet Store Open until 1:00p	10:30	Catholic Communion	10:00	"Healthy for Life" Exercise Class w/ EmpowerMe	10:00	"Left, Right, Center" Game
1:15	New Covenant Worship	1:00	Ladder Toss	12:30	Resident Led Euchre & Farkle	1:00	SingFit Music Therapy	12:30	Euchre, Farkle & Games	1:00	Bingo	1:00	Farkle with Friends
2:15	Resident Led Bingo	2:00	Cranium Crunch	1:00	SingFit Music Therapy	2:00	Book Club	1:00	The HUB — Open Crafts	1:15	Bingo	3:00	Resident Led Social Hour
3:15	Farkle with Friends	3:00	Social in the Emerald City	2:00	Book Club	2:30	Scenic Drive	1:15		2:30	Jeopardy Trivia		
6:00	Puzzles & Games			2:30	Scenic Drive	3:00	Chair Yoga	2:15	"Activities in Print" Board Refill	3:15	The HUB -- Scarecrow Crafts		
				3:00	Chair Yoga			3:00	Happy Hour	4:00	Uno		
24		25	Yom Kippur Begins	26		27		28		29		30	
8:30	This Week in History	9:30	Devotions	9:30	Devotions	9:30	Devotions	9:30	Devotions	9:00	Men's Coffee	8:30	Daily Chronicles
9:30	Resident Led Devotions	10:00	"Healthy for Life" Exercise Class w/ EmpowerMe	10:00	Activity TBD	10:00	"Healthy for Life" Exercise Class w/ EmpowerMe	10:00	Pedal the World	9:30	Devotions	9:30	Resident Led Devotions
10:00	"Left, Right, Center" Game	11:00	HappyGram	12:30	Resident Led Euchre & Farkle	10:00	Country Cabinet Store Open until 1:00p	10:30	Catholic Communion	10:00	"Healthy for Life" Exercise Class w/ EmpowerMe	10:00	"Left, Right, Center" Game
1:15	New Covenant Worship	1:00	Ladder Toss	1:00	SingFit Music Therapy	1:00	SingFit Music Therapy	12:30	Euchre, Farkle & Games	1:00	Bingo	1:00	Farkle with Friends
2:15	Resident Led Bingo	2:00	Cranium Crunch	2:00	Book Club	2:00	Book Club	1:00	The HUB — Open Crafts	1:15	Bingo	2:00	Toto's Trivia & Treats
3:15	Farkle with Friends	3:00	Margarita Monday	2:30	Scenic Drive	2:30	Scenic Drive	1:00	The HUB — Open Crafts	2:30	Jeopardy Trivia	3:00	Resident Led Social Hour
6:00	Puzzles & Games			3:00	Chair Yoga	3:00	Chair Yoga	3:00	Happy Hour w/ Scott E.	3:15	The HUB -- Autumn Crafts		
										4:00	Uno		

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00 Morning Inspirations 10:00 Let's Get Moving! 12:00 Recipe Review : Oz Snacks 1:00 SingFit Music Therapy 2:00 Social Hour 3:15 Wizard of Oz Crafts 5:00 Movie Night	2 9:30 Morning Inspirations 10:00 World News 1:00 Fitness and Fun 2:00 Crafting Corner 3:00 Music Appreciation 5:00 Staff Choice
3 9:30 Sunday Devotional 10:00 Table Talk 1:00 Fitness and Fun 2:00 This Week in History 3:00 Literary Hour 5:00 Staff Choice	4 Labor Day 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 National Geographic 1:00 SingFit Music Therapy 2:00 Artistic Expressions 3:00 Bingo	5 8:30 Morning Inspirations 10:00 Coloring Meditation 12:30 Scenic Drive 1:00 Games & More 2:00 Snack Cart 3:00 Chair Yoga 3:00 Science Exploration	6 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 Emerald City Bingo 1:00 Matinee Movie & Snacks 3:00 Drumming Circle 6:00 Evening Staff Choice	7 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 Pampered Moments 1:00 Crafters Group 3:00 Pedal the World/Travel Documentary 6:00 Evening Staff Choice	8 9:00 Morning Inspirations 10:00 Let's Get Moving! 12:00 Recipe Review : Oz Snacks 1:00 SingFit Music Therapy 2:00 Social Hour 3:15 Wizard of Oz Crafts 5:00 Movie Night	9 9:30 Morning Inspirations 10:00 World News 1:00 Fitness and Fun 2:00 Crafting Corner 3:00 Music Appreciation 5:00 Staff Choice
10 Grandparents' Day 9:30 Sunday Devotional 10:00 Table Talk 1:00 Fitness and Fun 2:00 This Week in History 3:00 Literary Hour 5:00 Staff Choice	11 Patriot Day 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 National Geographic 1:00 SingFit Music Therapy 2:00 Artistic Expressions 3:00 Bingo	12 8:30 Morning Inspirations 10:00 Coloring Meditation 12:30 Scenic Drive 1:00 Games & More 2:00 Snack Cart 3:00 Chair Yoga 3:00 Science Exploration	13 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 Emerald City Bingo 1:00 Matinee Movie & Snacks 3:00 Drumming Circle 6:00 Evening Staff Choice	14 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 Pampered Moments 1:00 Crafters Group 3:00 Pedal the World/Travel Documentary 6:00 Evening Staff Choice	15 9:00 Morning Inspirations 10:00 Let's Get Moving! 12:00 Recipe Review : Oz Snacks 1:00 SingFit Music Therapy 2:00 Social Hour 3:15 Wizard of Oz Crafts 5:00 Movie Night	16 Rosh Hashanah Begins 9:30 Morning Inspirations 10:00 World News 1:00 Fitness and Fun 2:00 Crafting Corner 3:00 Music Appreciation 5:00 Staff Choice
17 Citizenship Day 9:30 Sunday Devotional 10:00 Table Talk 1:00 Fitness and Fun 2:00 This Week in History 3:00 Literary Hour 5:00 Staff Choice	18 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 National Geographic 1:00 SingFit Music Therapy 2:00 Artistic Expressions 3:00 Bingo	19 8:30 Morning Inspirations 10:00 Coloring Meditation 12:30 Scenic Drive 1:00 Games & More 2:00 Snack Cart 3:00 Chair Yoga 3:00 Science Exploration	20 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 Emerald City Bingo 1:00 Matinee Movie & Snacks 3:00 Drumming Circle 6:00 Evening Staff Choice	21 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 Pampered Moments 1:00 Crafters Group 3:00 Pedal the World/Travel Documentary 6:00 Evening Staff Choice	22 Native American Day 9:00 Morning Inspirations 10:00 Let's Get Moving! 12:00 Social in the Emerald City 1:00 Movie : Wizard of Oz 3:15 Wizard of Oz Crafts 5:00 Movie Night	23 Fall Begins 9:30 Morning Inspirations 10:00 World News 1:00 Fitness and Fun 2:00 Crafting Corner 3:00 Music Appreciation 5:00 Staff Choice
24 9:30 Sunday Devotional 10:00 Table Talk 1:00 Fitness and Fun 2:00 This Week in History 3:00 Literary Hour 5:00 Staff Choice	25 Yom Kippur Begins 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 National Geographic 1:00 SingFit Music Therapy 2:00 Artistic Expressions 3:00 Bingo	26 8:30 Morning Inspirations 10:00 Coloring Meditation 12:30 Scenic Drive 1:00 Games & More 2:00 Snack Cart 3:00 Chair Yoga 3:00 Science Exploration	27 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 Emerald City Bingo 1:00 Matinee Movie & Snacks 3:00 Drumming Circle 6:00 Evening Staff Choice	28 8:30 Morning Inspirations 10:00 Let's Get Moving! 12:00 Pampered Moments 1:00 Crafters Group 3:00 Pedal the World/Travel Documentary 6:00 Evening Staff Choice	29 9:00 Morning Inspirations 10:00 Let's Get Moving! 12:00 Recipe Review : Oz Snacks 1:00 SingFit Music Therapy 2:00 Social Hour 3:15 Wizard of Oz Crafts 5:00 Movie Night	30 9:30 Morning Inspirations 10:00 World News 1:00 Fitness and Fun 2:00 Crafting Corner 3:00 Music Appreciation 5:00 Staff Choice