

Week: 1

Print Date: 04/23/2023

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for M Callearth

#### **Breakfast**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Juice of Choice						
Egg of Choice	Scrambled Egg	Scrambled Egg	Sausage & Gravy	Breakfast Meat	Scrambled Egg	Fried Egg
Bacon	Sausage Link	Breakfast Meat	Cereal of Choice	Cereal of Choice	Breakfast Meat	Breakfast Meat
Cereal of Choice	Cereal of Choice	Cereal of Choice	Biscuit	French Toast	Cereal of Choice	Cereal of Choice
Toast	Toast	Toast	Coffee/Tea	Coffee/Tea	Toast	Toast
Coffee/Tea	Fruit Cup	Milk of Choice, 8oz	Milk of Choice, 8oz	Milk of Choice, 8oz	Coffee/Tea	Coffee
Milk of Choice, 8oz	Milk of Choice, 8oz	Coffee/Tea	Pepper	Margarine	Milk of Choice, 8oz	Milk of Choice, 8oz
Jelly	Coffee/Tea	Pepper	Jelly / Margarine	Syrup	Pepper	Pepper
Margarine	Margarine	Jelly / Margarine			Jelly / Margarine	Jelly / Margarine
Pepper	Jelly					
	Pepper					

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chicken Baked	Pork Tips Braised Parsley Egg Noodles Vegetable Blend Biscuit Fruit Crisp Beverage of Choice Margarine	Chicken w/ Lemon Pepper Fluffy Steamed Rice Peas & Carrots Dinner Roll Fruited Jello Beverage of Choice Margarine	Ravioli Baked Tossed Salad w/ Dressing Buttered Green Beans Bread Sticks Cake/Icing Beverage of Choice Margarine	Ham Baked Sweet Potatoes Brussels Sprouts Cornbread Gingerbread Cake w/ Whipped Topping Beverage of Choice Margarine	Fish Battered French Fries Coleslaw Yellow Cake Beverage of Choice Margarine Tartar Sauce	Country Fried Steak Mashed Potatoes w/ Gravy Corn on the Cob Dinner Roll Ice Cream Beverage of Choice Milk of Choice, 8oz Margarine

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Deli Sandwich Chicken Noodle Soup Broccoli Salad Rosy Pears Beverage of Choice Milk of Choice, 8oz Margarine	Chicken Caesar Salad Tomato Soup Onion Rings Crackers Jell-O Poke Cake Beverage of Choice Milk of Choice, 8oz	Pork Pulled Sandwich Baked Beans Creamy Coleslaw Sherbet Beverage of Choice Milk of Choice, 8oz	Beef Pulled Sandwich Potato Wedges Seasoned Green Peas Melon Cup Beverage of Choice Milk of Choice, 8oz Dill Pickle	Turkey Open Faced Sandwich Mashed Potatoes Cucumber Tomato Salad Fruit Fluff Beverage of Choice Milk of Choice, 8oz Margarine	Spaghetti Sauce w/Meat Spaghetti Noodles Italian Vegetables Garlic Bread Brownie Beverage of Choice Milk of Choice, 8oz Margarine	Chili Dog Tater Tots Three Bean Medley Cinnamon Baked Apple Beverage of Choice Milk of Choice, 8oz Ketchup



Week: 2

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#### **Breakfast**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Juice of Choice						
Scrambled Egg	Egg of Choice	Sausage Patty	Sausage & Gravy	Egg of Choice	Breakfast Meat	Cheesy Scrambled Egg
Bacon	Bacon	Cereal of Choice	Cereal of Choice	Breakfast Ham	Cereal of Choice	Bacon
Cereal of Choice	Cereal of Choice	Pancakes	Biscuit	Cereal of Choice	Waffle	Cereal of Choice
Toast	Toast	Coffee	Coffee	Toast	Coffee	Toast
Coffee/Tea	Coffee	Milk of Choice, 8oz	Milk of Choice, 8oz	Coffee/Tea	Milk of Choice, 8oz	Coffee
Milk of Choice, 8oz	Milk of Choice, 8oz	Margarine	Margarine	Milk of Choice, 8oz	Margarine	Milk of Choice, 8oz
Jelly / Margarine	Jelly / Margarine	Syrup	Pepper	Jelly / Margarine	Syrup	Jelly / Margarine
Pepper	Pepper	Pepper		Pepper		Pepper

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Roast Beef	Turkey Ranch Wrap	Salisbury Steak	Chicken BBQ	Pork Tenderloin Roasted	Fish Sandwich	Taco Casserole
Mashed Potatoes w/ Gravy	Soup of the Day	Mashed Potatoes w/ Gravy	Baked Beans	Baked Potato	Steak Fries	Spanish Rice
Broccoli w/ Cheese	Macaroni Salad	Buttered Carrots	Baby Carrots	Buttered Green Beans	Coleslaw	Cinnamon Scalloped
Dinner Roll	Pineapple Upside Down	Dinner Roll	Cornbread	Dinner Roll	Dinner Roll	Peaches
Fruit Pie	Cake	Strawberries & Whipped	Brownie	Fruit Crisp	Lemon Bar	Beverage of Choice
Beverage of Choice	Beverage of Choice	Cream	Beverage of Choice	Beverage of Choice	Beverage of Choice	Sour Cream
Salt/Pepper		Beverage of Choice	Margarine	Margarine	Margarine	
Margarine		Pepper		_	Tartar Sauce	
_						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chicken Salad Croissant Broccoli Cheese Soup Creamy Cucumbers Mixed Fruit Beverage of Choice Milk of Choice, 8oz	Dinner Roll Peaches Beverage of Choice	Chicken Fettuccini Alfredo Salad Caesar w/Dressing Fresh Fruit, Seasonal Garlic Bread Assorted Cookies Beverage of Choice Milk of Choice, 8oz Margarine Pepper	Ham & Cheese Sandwich Vegetable Soup Harvard Beets Crackers Tapioca Pudding Beverage of Choice Milk of Choice, 8oz	Chicken Casserole Old Fashion Style Squash Medley Dinner Roll Ice Cream Beverage of Choice Milk of Choice, 8oz Margarine	BBQ Beef Macaroni & Cheese Salad of the Day Bun Fruited Jello Beverage of Choice Milk of Choice, 8oz	Chicken Tenders Potato Wedges Mixed Vegetables Chocolate Chip Cookie Beverage of Choice Milk of Choice, 8oz Dipping Sauce



Week: 3

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#### **Breakfast**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Juice of Choice						
Omelet	Egg of Choice	Sausage & Gravy	Egg of Choice	Sausage Patty	Egg of Choice	Western Omelet
Cereal of Choice	Bacon	Cereal of Choice	Breakfast Meat	Cereal of Choice	Bacon	Cereal of Choice
Toast	Cereal of Choice	Biscuit	Cereal of Choice	French Toast	Cereal of Choice	Toast
Milk of Choice, 8oz	Toast	Coffee/Tea	Toast	Coffee/Tea	Toast	Coffee/Tea
Coffee/Tea	Milk of Choice, 8oz	Milk of Choice, 8oz	Coffee/Tea	Milk of Choice, 8oz	Milk of Choice, 8oz	Milk of Choice, 8oz
Pepper	Coffee/Tea	Pepper	Milk of Choice, 8oz	Margarine	Coffee/Tea	Pepper
Jelly / Margarine	Jelly / Margarine	Margarine	Pepper	Syrup	Jelly / Margarine	Jelly / Margarine
	Pepper		Jelly / Margarine			
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### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chicken Oven Fried Mashed Potatoes w/ Gravy Seasoned Broccoli Biscuit Blonde Brownie Beverage of Choice Margarine Pepper	California Vegetable Blend Bread Sticks Frosted Cake	Ham Glazed Baked Sweet Potato Green Bean Casserole Cornbread Cinnamon Baked Apple Beverage of Choice Margarine	Beverage of Choice Milk of Choice, 8oz	Meatloaf Baked Baked Potato Capri Vegetables Dinner Roll Carrot Cake Beverage of Choice Margarine	Fish Crumb Topped Rice Pilaf Creamy Coleslaw Orange Cake Beverage of Choice Tartar Sauce	Pork Chop Baked Au Gratin Potato Mixed Garden Veggies Dinner Roll Apple Crisp Beverage of Choice Margarine

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Egg Salad Sandwich Pasta Salad Chips Potato Lettuce/Tomato Fruited Jello Beverage of Choice Milk of Choice, 8oz	Reuben Sandwich Tater Tots Coleslaw Peach Cobbler Beverage of Choice Milk of Choice, 8oz Margarine Dill Pickle	Tuna Noodle Casserole Buttered Peas Cup of Fruit Oatmeal Cookie Beverage of Choice Milk of Choice, 8oz Parsley Sprig	Cheeseburger Potato Wedges Lettuce/Tomato/Onion Oatmeal Cookie Beverage of Choice Milk of Choice, 8oz	Turkey & Swiss Sandwich Potato Salad Tossed Salad Butterscotch Pudding Coffee Milk of Choice, 8oz Mayonnaise	Pork BBQ Riblette Sweet Potato Fries Baked Beans Bun Ice Cream Beverage of Choice Milk of Choice, 8oz	Ziti Baked Tossed Salad w/ Dressing Garlic Bread Cake/Icing Beverage of Choice Milk of Choice, 8oz Margarine



Week: 4

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#### **Breakfast**

Breakfast Casserole Cereal of Choice Cereal of Choice Coffee Cake Coffee/Tea Milk of Choice, 8oz Pepper Margarine  Egg of Choice Sausage Link Cereal of Choice Toast Toast Toast Coffee/Tea Milk of Choice, 8oz Milk of Choi	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cereal of Choice Cereal of Choice Breakfast Ham Cereal of Choice Toast Toast Toast Breakfast Potatoes Coffee/Tea Milk of Choice, 8oz Milk of Choice, 8	Juice of Choice						
Coffee Cake Coffee/Tea Milk of Choice, 8oz Pepper Milk of Choice, 8oz Margarine  Cereal of Choice Cereal of Choice Toast Toast Toast Toast Toast Breakfast Potatoes Coffee/Tea Milk of Choice, 8oz	Breakfast Casserole	Sausage Patty	Egg of Choice	Egg of Choice	Egg of Choice	Egg of Choice	Sausage Patty
Coffee/Tea Coffee/Tea Biscuit Toast Toast Breakfast Potatoes Coffee/Tea Milk of Choice, 8oz Milk of Choice, 8oz Milk of Choice, 8oz Syrup Milk of Choice, 8oz Milk of	Cereal of Choice	Cereal of Choice	Breakfast Ham	Breakfast Meat	Sausage Link	Cereal of Choice	Cereal of Choice
Milk of Choice, 8oz Milk of Choice, 8oz Coffee/Tea Coffee/Tea Coffee/Tea Milk of Choice, 8oz Milk of Choic	Coffee Cake	Waffle	Cereal of Choice	Cereal of Choice	Cereal of Choice	Toast	French Toast
Pepper Syrup Milk of Choice, 8oz Syrup Margarine Margarine	Coffee/Tea	Coffee/Tea	Biscuit	Toast	Toast	Breakfast Potatoes	Coffee/Tea
Margarine Pepper Jelly / Margarine Jelly / Margarine Pepper Margarine	Milk of Choice, 8oz	Milk of Choice, 8oz	Coffee/Tea	Coffee/Tea	Coffee/Tea	Coffee/Tea	Milk of Choice, 8oz
	Pepper	Syrup	Milk of Choice, 8oz	Syrup			
Jelly / Mayangina	••	Margarine	Pepper	Jelly / Margarine	Jelly / Margarine	Pepper	Margarine
Jelly / Margarine   Pepper Jelly / Margarine		_	Jelly / Margarine		Pepper	Jelly / Margarine	_

### Lunch

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chicken Honey Dijon Rice w/ Gravy Green Beans Dinner Roll Fruit Pie Beverage of Choice Margarine	Ham Baked Macaroni & Cheese Mixed Vegetables Dinner Roll Brownie Beverage of Choice Margarine	Pork Roast Brown Rice Stewed Tomatoes Dinner Roll Yellow Cake Beverage of Choice Margarine	Beef Tips/Gravy Egg Noodles Seasoned Spinach Dinner Roll Baked Apple Beverage of Choice Margarine	Bratwurst on Bun Macaroni Salad Tomato Salad Mixed Fruit Beverage of Choice	Fish Baked French Fries Creamy Coleslaw Dinner Roll Orange Cake Beverage of Choice Tartar Sauce	Pork Chop Smothered Roasted Potatoes Seasoned Green Beans Dinner Roll Strawberry Shortcake Beverage of Choice Margarine

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cabbage Rolls Mashed Potatoes Candied Carrots Sliced Pears Beverage of Choice Milk of Choice, 8oz	Patty Melt French Fries Green Beans Banana Cream Pudding Beverage of Choice Milk of Choice, 8oz	Chicken Chef Salad Soup of the Day Bread Sticks Banana Dessert Beverage of Choice Milk of Choice, 8oz	Chicken Grilled Sandwich Sweet Potato Fries Creamy Cucumbers Lettuce/Tomato Oatmeal Raisin Cookie Beverage of Choice Milk of Choice, 8oz	Pizza Green Beans Fruit Cobbler Beverage of Choice Milk of Choice, 8oz	Lasagna Italian Style Italian Vegetables Garlic Bread Cheese Cake w Topping Beverage of Choice Milk of Choice, 8oz	Sloppy Joe Tater Tots Tossed Salad Bun Pudding w/ Topping Beverage of Choice Milk of Choice, 8oz