

7108 Marine Rd.
Edwardsville, IL 62025



September 2023

(618) 659-9112

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Edwardsville, IL 62025



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Contact Information

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TONYA CARTER
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MONTH Events

Live Entertainment

Sept 7:
Tommy Tunes 2pm

Sept 14:
Tom Winter 2pm

Sept 21:
Gospel Duo 2pm

Sept 28:
Piano Man 2:30pm

Special Events

Sept 10:
Grandparents Day Family Event with
Nit Pickers 2pm

Sept 5 & 19:
Got Your 6 Therapy Dogs 1pm

Sept 10 -16:
Assisted Living Week

Sept 12:
Family Town Hall Meeting
6-6:30pm A/D Community
6:30-7pm B/C Community

***Our activities are always
open to the public!***

ADDINGTON PLACE NEWS

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MONTH THEME



Resident Spotlight

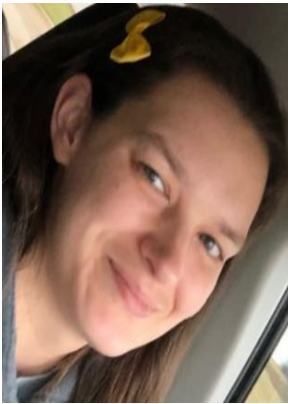


Marie W.

Marie has been with us for 3 years at Addington Place of Edwardsville. Marie loves to read newspapers and magazines. Marie has 3 children that come and see her all the

time. She loves her time with her family. Marie's favorite thing to do is go to happy hour and catholic mass on Sundays.

Staff Spotlight



Sara H.

Sara is one of our night nurses. She has been here just over a year. She is always willing helping the residents and staff.

Sara is getting married at the end of September to the love of her life. She has 4

children. If Sara is not at work loving on her residents she is at home spending time with her family.

Message From The Director

Family and Friends,

Well, I survived my first month here at Addington Place and so far, I love it. My coworkers are great, the residents are amazing, and I feel that we are building a solid team! Look out for some changes this month, as I am forever trying to improve the building. We have a new doorbell system that allows it to ring in all four dining rooms. Finally, don't forget about Table Talk every second Tuesday of the month (A/D 6:00 to 6:30PM and B/C 6:30 to 7:00PM).



Month Birthdays

Resident Birthdays

Sept 5:

Dennis J.

Sept 17:

Catherine G.

Sept 25:

Elizabeth B.

Sept 28:

Mildred V.

Staff Birthdays

Sept 7:

Alyssa M.

Sept 14:

Rick H.

Sept 15:

Shamethia G.

Sept 18:

Cursonia W.



Message From Healthcare Coordinator

Hello Everyone,

I am excited to be the New Health Care Coordinator of AP of Edwardsville. While I have met many of the families of this community, I hope to meet more family faces in the future. A little bit about me. I have been a nurse for 9 ½ years most of my career has been in long term care or memory care and for the last seven years I have held multiple nurse manager positions such as ADON, Unit Manager, Restorative Nurse/MDS, and Wellness Director of assisted living facility. I love to challenge myself and to learn new things. This is my first time to take on an important role in a memory care community! I appreciate all the families allowing me to do what I love at heart and that is to be a service to the elderly population. I truly have thought about "What could I do different besides nursing?" Truth be told I couldn't think of anything else. Nursing truly lies in my heart and I'm here for you and your loved ones as memory care communities have many challenges not only for our seniors but our families as well. We are greater together as a family!!

Message From Community Relations Coordinator

We will be hosting our 1st annual parking lot Mum and Pumpkin Alzheimer's fundraiser on Friday September 15th 3p-6p. 15% of all sales will be donated to our Walk to End Alzheimer's team.

You still have time to join our team or make a donation.



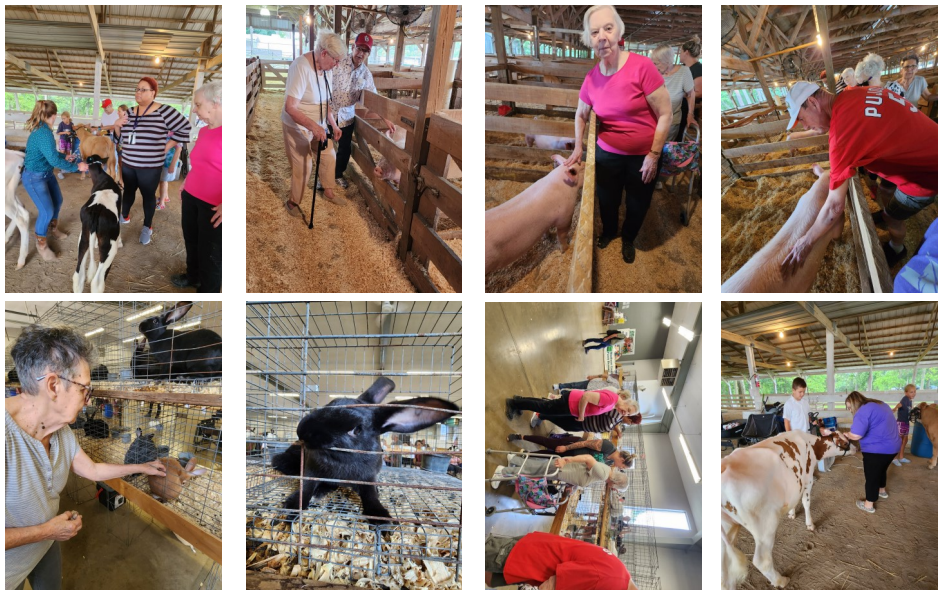
Make sure to follow our Facebook page for up to date information on all our events! So many great events planned for the rest of the year and we would love you at them all!!

Resident Activity Photos



We are all enjoying our
Ice Cream Sundae's

Enjoying a nice day at the
Madison County Fair!
Loved seeing and petting
the animals.



Made Cute Googly Eyed Cactus out of rocks!!

MONTH Article

Season of Reflection' Revealed as Theme for National Assisted Living Week 2023

National celebration to take place Sept. 10-16, 2023

WASHINGTON, D.C. – The National Center for Assisted Living (NCAL) today revealed “Season of Reflection” as this year’s theme for National Assisted Living Week®. The annual, national observance – officially sponsored by First Quality in 2023 – provides a unique opportunity for residents, their loved ones, staff, volunteers, and local communities to celebrate the individuals who live and work in assisted living and learn more about this sector of long term care.

“National Assisted Living Week is always a special time of year,” said NCAL Executive Director LaShuan Bethea. “The caregivers, residents, and families in assisted living share an extraordinary bond. This year’s theme gives us the chance to recognize and thank those who truly make communities across the country a loving home and welcome the sense of renewal that comes with the changing season.”

Established by NCAL in 1995, National Assisted Living Week (NALW) will be held Sept. 10-16, 2023. “Season of Reflection” encourages assisted living communities around the country to host a variety of events that honor the individuals who reside, work, and volunteer in these communities while adhering to infection control requirements and precautions.

“It is a privilege for First Quality to serve as the official sponsor of 2023 National Assisted Living Week,” said Sima Delacruz, Chief Commercial Officer. “This year, we are encouraged to pause for a moment and reflect. We are incredibly grateful to the families and health care professionals who dedicate their lives to caring for others and are honored to be a part of this extraordinary week.”

The “Season of Reflection” logo is available for download to assisted living communities, stakeholders, and members of the public on the NALW website. In the coming months, NCAL will issue a planning guide and products centered on ways to celebrate “Season of Reflection.” Participants are asked to share their celebrations throughout the week on social media with the hashtag **#NALW**. Visit www.nalw.org for updated information and resources.



SEPTEMBER

ADDINGTON PLACE
OF EDWARDSVILLE
Memory Care

Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

JAYBIRD SENIOR LIVING
senior living *reimagined*

*Fall - over the Yellow
Brick Road*

<p>9:30 Catholic Communion with 3 St. Boneface 10:00 Online Catholic Mass 10:30 Online Worship Service 1:30 Sittercise 2:30 Manly Manicures 5:45 Adult Coloring</p>	<p>9:30 Morning Greetings 4 10:00 HASFIT Fitness 10:30 Word Trivia  1:30 Monday Matinee (9-5 with Dolly Parton) 3:30 Labor Day Word Puzzle 5:45 Restful Reading</p>	<p>9:30 Morning Greetings 5 10:00 Sport Fitness 10:30 Make Dog Treat Bags 1:00 Got Your 6 Therapy Dogs 3:00 Joggin Your Noggin  5:45 Patio Time <i>Celebrate Service Dog Day!</i></p>	<p>9:30 Morning Greetings 6 10:00 Finish the Phrase 10:30 EmpowerMe Fitness 1:30 Cooking Club (Coffee Ice Cream) 3:30 BINGO  5:45 Cards <i>National Coffee Ice Cream Day!</i></p>	<p>9:30 Morning Greetings 7 10:00 HASFIT Fitness 10:30 Jeopardy 2:00 Happy Hour with Tommy Tunes 3:30 Patio Time 5:45 Jigsaw Puzzles</p>	<p>9:30 Morning Greetings 8 10:00 Rhythmic Movements 10:30 Joggin Your Noggin 1:30 Resident Outing/Appt. 3:30 Manicures 5:45 Walking Club</p>	<p>9:30 Morning Greetings 9 10:00 Sittercise 10:30 Finish the Phrase 1:30 Patio Time 2:30 BINGO 5:45 Family Board Games</p>
<p>9:30 Catholic Communion with 10 St. Boneface 10:00 Online Catholic Mass 10:30 Online Worship Service 1:30 Sittercise 2:00 Grandparents Day Happy Hour  5:45 Adult Coloring</p>	<p>9:30 Morning Greetings 11 10:00 HASFIT Fitness  10:30 Word Trivia 1:30 Monday Matinee (Carol Burnett) 3:30 Carol Burnett Trivia 5:45 Restful Reading</p>	<p>9:30 Morning Greetings 12 10:00 Melissa and Nola 10:30 Sport Fitness 1:30 Sip & Paint (Emerald City) 3:00 Oldies Sing Along  5:45 Patio Time</p>	<p>9:30 Morning Greetings 13 10:00 Finish the Phrase 10:30 EmpowerMe Fitness 1:30 Cooking Club (Homemade Peanut Butter) 3:30 BINGO  5:45 Cards <i>National Peanut Day!</i></p>	<p>9:30 Morning Greetings 14 10:00 HASFIT Fitness 10:30 Jeopardy 2:00 Happy Hour with Tom Winter 3:30 Patio Time 5:45 Jigsaw Puzzles</p>	<p>9:30 Morning Greetings 15 10:00 Rhythmic Movements 10:30 Joggin Your Noggin 1:30 Monthly Theme Birthday Party  3:30 Manicures 5:45 Walking Club</p>	<p>9:30 Morning Greetings 16 10:00 Sittercise 10:30 Finish the Phrase 1:30 Patio Time 2:30 BINGO 5:45 Family Board Games</p>
<p>9:30 Catholic Communion with 17 St. Boneface 10:00 Online Catholic Mass 10:00 Champs Therapy Dogs 10:30 Online Worship Service 1:30 Sittercise 2:30 Manly Manicures 5:45 Adult Coloring</p>	<p>9:30 Morning Greetings 18 10:00 HASFIT Fitness  10:30 Word Trivia 1:30 Monday Matinee (Wizard Of Oz) 3:30 Wizard Of Oz Trivia 5:45 Restful Reading</p>	<p>9:30 Morning Greetings 19 10:00 Sport Fitness 10:30 Joggin Your Noggin 1:00 Got Your 6 Therapy Dogs 3:00 Over the Rainbow Craft  5:45 Patio Time</p>	<p>9:30 Morning Greetings 20 10:00 Finish the Phrase 10:30 EmpowerMe Fitness 1:30 Cooking Club (Pepperoni Bagel Pizza) 3:30 BINGO  5:45 Cards <i>National Pepperoni Pizza Day!</i></p>	<p>9:30 Morning Greetings 21 10:00 HASFIT Fitness 10:30 Jeopardy 2:00 Happy Hour with Jukebox Duo 3:30 Patio Time 5:45 Jigsaw Puzzles</p>	<p>9:30 Morning Greetings 22 10:00 Rhythmic Movements 10:30 Joggin Your Noggin 1:30 Resident Outing/Appt. 3:30 Manicures 5:45 Walking Club</p>	<p>9:30 Morning Greetings 23 10:00 Sittercise 10:30 Finish the Phrase 1:30 Patio Time 2:30 BINGO 5:45 Family Board Games</p>
<p>9:30 Catholic Communion with 24 St. Boneface 10:00 Online Catholic Mass 10:30 Online Worship Service 1:30 Sittercise 2:30 Manly Manicures 5:45 Adult Coloring</p>	<p>9:30 Morning Greetings 25 10:00 HASFIT Fitness 10:30 Word Trivia 1:30 Monday Matinee (Residents Choice) 3:30 Oldie Sing Along 5:45 Restful Reading</p>	<p>9:30 Morning Greetings 26 10:00 Melissa and Nola 10:30 Sport Fitness 1:30 Cooking Club  (Apple Pancakes) 3:00 Johnny Appleseed Trivia 5:45 Patio Time <i>Johnny Appleseed Day & Pancake Day!!</i></p>	<p>9:30 Morning Greetings 27 10:00 Finish the Phrase 10:30 EmpowerMe Fitness 1:30 Silk Scarf Tie Dyeing 3:30 BINGO  5:45 Cards <i>National Silk Scarf Day!</i></p>	<p>9:30 Morning Greetings 28 10:00 HASFIT Fitness 10:30 Jeopardy 2:30 Happy Hour with Piano Man 3:30 Patio Time 5:45 Jigsaw Puzzles</p>	<p>9:30 Morning Greetings 29 10:00 Rhythmic Movements 10:30 Joggin Your Noggin 1:30 Resident Outing/Appt. 3:30 Manicures 5:45 Walking Club</p>	<p>9:30 Morning Greetings 30 10:00 Sittercise 10:30 Finish the Phrase 1:30 Patio Time 2:30 BINGO 5:45 Family Board Games</p>