## SEPTEMBER

VINTAGE
HILLS

of Indianola

RETIREMENT
COMMUNITY

WEDNIESDAY

## Assisted Living ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
senior liv	rbird SENIOR LIVING VIOLENIOR LIVING VIO	Fall-ow the Brick k	e Yellow Road		9am- Daily Devotions (DR) 11am-Food Council (DR) 12pm-Trivia (DR) 2pm-scenic Drive 3pm-Jenga Game	10am-Coffee Chat (DR) 2 2pm-color me happy (GR) 4pm-Patio Visits (I)
10am-Church Service (TH) 2pm-wordsearch pages 3pm-Riddle sheet (I)(GR)	9am- Daily Devotions (DR) 4 11am-Music and Movement 12pm-Trivia (DR) 1:30pm-Movie&Popcorn(TH) 3:30-Bakery Bingo (GR)	9am- Daily Devotions(DR) 12pm-True or False (DR) 1:00pm-Trail Walk 2pm-Live Music (TH) 3:00pm-Centerpiece Craft	9am- Daily Devotions (DR) 9-11am:Cribbage (GR) 12pm-Trivia (DR) 1pm-Church Podcast (TH) 2pm-Uno Card Game (GR) 3pm-Garden Group (DR)	9am- Daily Devotions (DR) 12pm-True or False (DR) 2pm-Bingo (GR) 3pm- Happy Hour (GR)	12pm-Trivia (DR)	10am-Coffee Chat (DR) 9 2pm-Crossword puzzle packet 6pm-jigsaw puzzles (L)
Grandparents day!  10am-Church Service (TH)  1pm-3pm: Memories and munchies: a grandparents delight.  2pm-Family photos! (GR)	9am- Daily Devotions (DR) 1 11am-Music and Movement(1 12pm-Trivia (DR) 2:30pm-Resident Council 3:30pm-Bakery Bingo (GR) *wear your favorite Hat day!*	12pm-True or False (DR) 1:00pm-Trail Walk 3:00pm- Hats of OZ Craft	9-11am:Cribbage (GR) 12pm-Trivia (DR) 1pm-Church Podcast (TH)	12pm-True or False (DR)  2pm-Bingo (GR)  3pm-Over the Rainbow	Oam-Dollie the Collie(TH)	10am-Coffee Chat (DR) 16 1pm-Patio visits w friends 4pm-books and magazines
10am-Church Service (1H) 2pm-color me happy (GR) 4pm-Patio Visits (I)	9am- Daily Devotions (DR) 8 11am-Music and Movement ' (TH) 12pm-Trivia (DR) 1:30pm-Movie&Popcorn(TH) 3:30-Bakery Bingo (GR)	12pm-True or False (DR) 1:00pm-Trail Walk 2pm-Soda and Snack Social	9am- Daily Devotions (DR) 9-11am:Cribbage (GR) 12pm-Trivia (DR) 1pm-Church Podcast (TH) 3pm-Bowling (GR)	9am- Daily Devotions (DR)  12pm-True or False (DR)  2pm-Bingo (GR)  3pm-Frank Sinatra Live  Music (TH)	9am- Daily Devotions (DR) 10am-Wizard of Oz Movie Outing- Indianola Theater 12:30pm-Trivia (DR) 2:00pm-Walmart Trip 3:30pm-Tinman can toss	10am-Coffee Chat (DR) <sup>23</sup> 2pm-wizard of oz coloring pages (GR) 4pm-sunshine social (DRP)
10am-Church Service (7H) 11am-resident led card game 2pm-short stories (GR)	9am- Daily Devotions (DR) 5 11am-Music and Movement (TH) 12pm-Trivia (DR) 1:30pm-Movie&Popcorn(TH) 3:30-Bakery Bingo (GR)	9am- Daily Devotions (DR) 12pm-True or False (DR) 1:00pm-Trail Walk 2pm-Pitch Game! (GR) 3:00pm-Painting w/ Pals	9am- Daily Devotions (DR) 9-11am:Cribbage (GR) 12pm-Trivia (DR) 1pm-Church Podcast (TH) 3pm-Armchair Travel(TH)	9am- Daily Devotions (DR)  12pm-True or False (DR)  2pm-Bingo (GR)  3pm-Mens Group (GR)	9am- Daily Devotions (DR) 12pm-Trivia (DR) 1:30pm-Balloon Blasting(gr) 3pm-September Birthday Party	10am-Coffee Chat (DR) <sup>30</sup> -Staff walking for Alzheimer' 2pm-color me happy (GR) 4pm-Patio Visits (I)

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## Memory Care ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
senior liv	ring reimagined	Fall-ow the Brick k	e Yellow Road	D-0	11am-Helping hands 2	Lam-morning stretches 2 om-books & magazines om-stretches and exercises
11am-Memory match card game 3pm-color me happy	10:30am-Beauty Hour 11am-Music and Movement 12pm-Trivia (DR) 1:30pm-Movie&Popcorn(TH) 3:30-Bakery Bingo (GR)	10:30am-Beauty Hour 11am- Trail walk 2pm-Live Music (TH) 3:00pm-Centerpiece Craft *Ami is gone today*	10:30am-Beauty Hour 11am-Morning stretches 1pm-Bean Bag Number toss 2pm-Sweets and treats 3pm-Garden Group (DR)	10:30am-Beauty Hour 1pm-Afternoon sunshine social 2pm-Bingo 3pm- Happy Hour	10:30am-Beauty Hour 11am-Helping hands 1pm-pass the ball-stop the music 3pm-Horse shoes game	10am-Morning stretches  2pm-Crossword puzzle packet 6pm-jigsaw puzzles (L)
munchies: a grandparents	10:30am-Beauty Hour 11am-Music and Movement 12pm-Trivia (DR) 1:30pm-Movie&Popcorn(TH) 3:30-Bakery Bingo (GR) *wear your favorite Hat day!	10:30am-Beauty Hour 12 1:00pm-Trail Walk 2:00pm-Nail Painting 3:00pm- Hats of OZ Crafts  * sports team day! *	10:30am-Beauty Hour 11am-Sunshine stretches 1pm-Jenga Game 2pm-Snack and social *purple day- Wear purple!	10:30am-Beauty Hour 1pm-patio visit 2pm-Bingo 3pm-Over the Rainbow happy hour(GR) *dress like a Tourist day!*	10:30am-Dollie the Collie  10:30am-Beauty Hour  1:30pm-helping hands  2pm-Church Choir concert  3:30pm-ballon Bop  *Pajama day*	10am-Morning stretches  2pm-wordsearch pages  4pm-Riddle sheet (I)
10am-Church Service (1H) 11am-morning stretches 2pm-short stories	10:30am-Beauty Hour 11am-Music and Movement 12pm-Trivia (DR) 1:30pm-Movie&Popcorn(TH 3:30-Bakery Bingo (GR)	1:00pm-Trail Walk 3pm-Nail Painting	10:30am-Beauty Hour 11am-sit and get fit 1:30pm-find and seek card game 2pm-Bowling (GR) 3:00pm-water color painting	10:30am-Beauty Hour 1pm-porch visit 2pm-Bingo 3pm-Frank Sinatra Live Music (TH)	10am-Wizard of Oz Movie Outing- Indianola Theater 10:30am-Beauty Hour 1pm-Put-Put Golf 3:30-Beanbag Baseball	10am-Morning stretches 2pm-maze game 3pm-Movie and munchies
10am-Church Service (1H) 2pm-Crossword puzzle packet 6pm-jigsaw puzzles (L)	10:30am-Beauty Hour 25 11am-Music and Movement 12pm-Trivia (DR) 1:30pm-Movie&Popcorn(TH) 3:30-Bakery Bingo (GR)	10:30am-Beauty Hour 26 1:00pm-Trail Walk 2pm-Nail Painting 3:00pm-Painting w/ Pals 4pm-jigsaw puzzles	10:30am-Beauty Hour 11am-outside stretches 2pm-Munch and Mingle 2:30pm-Garden Group (DR) 3:00pm-Armchair travel	10:30am-Beauty Hour  1pm-gazebo get-together  2pm-Bingo  3pm-mens group(GR)	10:30am-Beauty Hour 29 11am-helping hands 1:30pm-Balloon Blasting(gr) 3pm-September Birthday Party	10am-Morning stretches  2pm-color me happy (GR)  4pm-garden visit