

7108 Marine Rd.  
Edwardsville, IL 62025



May 2023

(618) 659-9112

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## Contact Information

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### Maintenance Coordinator:

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### Life Enrichment Coordinator:

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## MONTH Events

### Live Entertainment

#### May 4:

Tommy Tunes 2pm

#### May 11:

Nit Pickers 2pm

#### May 18:

Larry Gwaltney 1:30pm

#### May 25:

Sterling Lloyd 2pm

### Special Events

#### May 11:

Vitality Ballet 9:30am

#### May 12:

Mother's Day Garden Party 1:30-3:00pm

#### May 2 & 16:

Got Your 6 Therapy Dogs 1pm

#### May 9 & 23:

Triune K9 Therapy Dogs 6pm & 2pm



**Our activities are always  
open to the public!**

# ADDINGTON PLACE NEWS

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## MONTH THEME





# Resident Spotlight



**Paul B. (Sonny)**  
Sonny is a very happy and loving man. He always has a smile on his face and will talk to anyone who will talk to him. He loves John Wayne and 50's and 60's music. If you ever ask Sonny his name he might just tell you his name is Clyde or Leroy. He will then giggle and walk away. He has a great sense of humor and loves to joke around with everyone. He loves his family and is always happy when they come to visit.

## MONTH Birthdays

### Resident Birthdays

- May 3:** Joyce F.
- May 4:** Theresa M.
- May 16:** Mary K.
- May 17:** Paul B.
- May 17:** Ethel R.
- May 18:** Muriel S.

- May 27:** Maude S.
- May 28:** Kathleen K.
- May 28:** Larry W.

- May 9:** Kelly B.
- May 21:** Gwendolyn T.
- May 28:** Idarose R.



# Staff Spotlight



**Sharon D.**  
Sharon has been with us for 5 years. She has worked as a caregiver, housekeeper, and a trainer for caregivers and housekeeping. Sharon is a big part of Addington Place. She is always helping out the residents and staff. She loves to sing and dance with them to make them smile. She is always on the go, but takes the time to make someone's day.



# Family Easter Event



We had a wonderful turn out for our Family Easter Event. Thank you to everyone that came out to share our special day. The residents had a great time when the Easter Bunny came early so that she could make her rounds with all the residents. We all enjoyed the Petting Zoo that came out to share all their furry friends with us.





# Resident Activity Photos



# MONTH Article

## When Should I Plant?

### Central Illinois Planting Dates

Adjustments for northern and southern Illinois

For southern Illinois March-June plantings can be made approximately 2 weeks earlier and July-September plantings 2 weeks later than for central Illinois. For northern Illinois March-June plantings should be about 2 weeks later and July-September plantings about 2 weeks earlier than for central Illinois.

**ILLINOIS EXTENSION**  
COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES

Asparagus	Mar 15-Apr 15	New Zealand spinach	Apr 25-June 15
Bean, bush, lima	May 10-June 15	Okra	May 10-June 15
Bean, bush, snap	Apr 25-July 15	Onion, from seed	Mar 25-April 15
Beet	Apr 10-July 15	Onion, from plants or sets	Mar 25-May 1
Broccoli	Apr 10-May 1 July 1-15	Parsley	Apr 10-May 1
Cabbage	Apr 10-July 15	Peas	Apr 10-May 1
Carrot	Apr 10-July 15	Pepper	May 10-June 1
Cauliflower	July 10-20	Potato	Apr 1-15 June 1-10
Chard	Apr 10-June 1	Pumpkin	May 20-June 10
Corn, sweet	May 1-July 9	Radish, spring	Apr 5-June 1
Cucumber	May 10-June 15		Aug 20-30
Eggplant	May 10-June 15	Radish, winter	Aug 1-15
Endive	Apr 1-May 1 July 1-Aug 15	Rhubarb	Mar 25-May 15
Garlic, from cloves	Mar 25-Apr 15	Rutabaga	May 1-July 1
Kale	Apr 1-30 July 1-Aug 1	Spinach	Mar 25-Apr 15 Aug 15-30
Kohlrabi	Mar 25-Apr 5 Aug 1-10	Squash, summer	May 10-June 15
Lettuce, leaf	Mar 25-May 15 Aug 15-Sept 15	Squash, winter	May 20-June 1
Muskmelon	May 10-June 15	Sweet Potato	May 10-June 1
Mustard	Apr 1-May 10 Aug 15-Sept 15	Tomato	May 10-June 1
		Turnips	Mar 25-Apr 15 Aug 1-15
		Watermelons	May 10-June 1

**Plant warm-season flowering annuals after all threat of cold weather and frost have passed**

Warm-season plants such as impatiens (*Impatiens*), begonias (*Begonia*), and zinnias (*Zinnia*) can be planted in the garden and containers in late May. Avoid fertilizing newly planted annual transplants for at least two weeks.

Pinch back one-third of new growth to encourage stocky habit (except vines).

**Inspect and stake peonies** Continue to check peonies (*Paeonia*) for botrytis blight or other foliar fungal problems.

- Peonies that suffered from botrytis or bud blast last year should be sprayed regularly with a fungicide, following label directions, starting when plants are just beginning to emerge from the ground and when they are approximately 2 to 4 inches tall.

Cage or provide support for peony blossoms when the plants are about 10 inches tall.

**Spring bulb TLC** Allow spring bulb foliage to yellow and wither before removing it. The leaves manufacture food that is stored in the bulb for next year's growth. Even braiding the foliage of daffodils can reduce the food production of the leaves.

**Tend to roses** Apply a balanced fertilizer to roses when flower buds are set. Monitor rosebushes for insects or disease:

- Check daily for fungal spots, especially in wet weather. Do not handle rosebushes if the foliage is wet and infected. Wait until affected leaves have dried before removing them and spraying the plant.
- Monitor roses for rose slugs (small white caterpillars with black heads) and their damage (tissue-like patches on the leaves).

Succulent new green growth is particularly susceptible to aphid attack. Monitor newly planted shrubs for signs of aphids—curled, distorted tip growth. Spray a strong stream of water on damaged foliage to remove pests.



# MAY

## Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	<p>9:30 Morning Greetings 10:00 Sports Fitness 10:30 May Day Baskets 1:30 Brain Games 2:00 Monday Matinee 5:45 BINGO</p> <p><b>1</b></p>	<p>9:30 Morning Greetings 10:00 Get Up &amp; Go Fitness 10:30 Fun &amp; Games 1:00 Got Your 6 Therapy Dogs 2:30 Teacher Appreciation Day! 5:45 Patio Time</p> <p><b>2</b></p> 	<p>9:30 Morning Greetings 10:00 Gardening Club 10:30 EmpowerMe Fitness 1:00 Resident Outing/Appt. 3:30 BINGO 5:45 Midweek Manicures</p> <p><b>3</b></p>	<p>9:30 Morning Greetings 10:00 Warm Up Workout 10:30 Fun &amp; Games 2:00 Happy Hour with Tommy Tunes 3:00 May the 4th Trivia 5:45 Jigsaw Puzzles</p> <p><b>4</b></p>	<p>9:30 Morning Greetings 10:00 Rhythmic Movement 10:30 Brain Games 1:30 Cinco De Mayo Party 3:30 Card Games 5:45 Walking Club</p> <p><b>5</b></p> 	<p>9:30 Morning Greetings 10:00 Sittercise 10:30 Fun &amp; Games 1:30 Patio Time 3:00 BINGO 5:45 Family Board Games</p> <p><b>6</b></p>
<p>9:30 Catholic Communion with St. Boniface Church 10:00 Catholic Mass 10:30 Online Worship Service 1:30 Sittercise 2:30 Manly Manicures 5:45 Adult Coloring</p> <p><b>7</b></p>	<p>9:30 Morning Greetings 10:00 Sports Fitness 10:30 Brain Games 1:30 Monday Matinee (Have a Coke Day) 3:30 Resident Meetings 5:45 BINGO</p> <p><b>8</b></p>	<p>9:30 Morning Greetings 10:00 Get Up &amp; Go Fitness 10:30 Fun &amp; Games 1:00 Make Summer Moscato 2:30 Sip and Paint 6:00 Triune K9 Therapy Dogs</p> <p><b>9</b></p>	<p>9:30 Morning Greetings 10:00 Gardening Club 10:30 EmpowerMe Fitness 1:00 Resident Outing/Appt. 3:30 BINGO 5:45 Midweek Manicures</p> <p><b>10</b></p>	<p>9:30 Vitality Ballet 10:30 Fun &amp; Games 1:30 Helping Hands 2:00 Happy Hour with Nit Pickers 3:00 Monthly Birthday Party 5:45 Jigsaw Puzzles</p> <p><b>11</b></p>	<p>9:30 Morning Greetings 10:00 Rhythmic Movement 10:30 Brain Games 1:30 Mother's Day Garden Party 4:00 Card Games 5:45 Walking Club</p> <p><b>12</b></p> 	<p>9:30 Morning Greetings 10:00 Sittercise 10:30 Fun &amp; Games 1:30 Patio Time 2:30 BINGO 5:45 Family Board Games</p> <p><b>13</b></p>
<p>9:30 Catholic Communion with St. Boniface Church 10:00 Catholic Mass 10:30 Online Worship Service 1:30 Sittercise 2:00 Sweet Treats with Sweet Moms 5:45 Adult Coloring</p> <p><b>14</b></p> 	<p>9:30 Morning Greetings 10:00 Sports Fitness 10:30 Brain Games 1:30 Monday Matinee 3:30 Chocolate Chip Cookie Taste test 5:45 BINGO</p> <p><b>15</b></p>	<p>9:30 Morning Greetings 10:00 Get Up &amp; Go Fitness 10:30 Fun &amp; Games 1:00 Got Your 6 Therapy Dogs 2:30 Crafty Creations 5:45 Patio Time</p> <p><b>16</b></p> 	<p>9:30 Morning Greetings 10:00 Gardening Club 10:30 EmpowerMe Fitness 1:00 Resident Outing/Appt. 3:30 BINGO 5:45 Midweek Manicures</p> <p><b>17</b></p>	<p>9:30 Morning Greetings 10:00 Warm Up Workout 10:30 Fun &amp; Games 1:30 Happy Hour with Larry Gwaltney 3:00 Reese's Taste Test 5:45 Jigsaw Puzzles</p> <p><b>18</b></p>	<p>9:30 Morning Greetings 10:00 Rhythmic Movement 10:30 Brain Games 1:30 What's Cooking (Pizza) 3:30 Card Games 5:45 Walking Club</p> <p><b>19</b></p>	<p>9:30 Morning Greetings 10:00 Sittercise 10:30 Fun &amp; Games 1:30 Patio Time 2:30 BINGO 5:45 Family Board Games</p> <p><b>20</b></p>
<p>9:30 Catholic Communion with St. Boniface Church 10:00 Catholic Mass 10:30 Online Worship Service 1:30 Sittercise 2:30 Manly Manicures 5:45 Adult Coloring</p> <p><b>21</b></p>	<p>9:30 Morning Greetings 10:00 Sports Fitness 10:30 Brain Games 1:30 Monday Matinee 3:30 Solitaire 5:45 BINGO</p> <p><b>22</b></p> 	<p>9:30 Morning Greetings 10:00 Get Up &amp; Go Fitness 10:30 Fun &amp; Games 2:00 Triune K9 Therapy Dogs 3:30 Crafty Creations 5:45 Patio Time</p> <p><b>23</b></p>	<p>9:30 Morning Greetings 10:00 Gardening Club 10:30 EmpowerMe Fitness 1:00 Resident Outing/Appt. 3:30 BINGO 5:45 Midweek Manicures</p> <p><b>24</b></p>	<p>9:30 Morning Greetings 10:00 Warm Up Workout 10:30 Fun &amp; Games 2:00 Happy Hour with Sterling Lloyd 3:00 Wine Taste Testing 5:45 Jigsaw Puzzles</p> <p><b>25</b></p>	<p>9:30 Morning Greetings 10:00 Rhythmic Movement 10:30 Brain Games 1:30 What's Cooking (Blueberry Cheesecake) 3:30 Card Games 5:45 Walking Club</p> <p><b>26</b></p> 	<p>9:30 Morning Greetings 10:00 Sittercise 10:30 Fun &amp; Games 1:30 Patio Time 2:30 BINGO 5:45 Family Board Games</p> <p><b>27</b></p>
<p>9:30 Catholic Communion with St. Boniface Church 10:00 Catholic Mass 10:30 Online Worship Service 1:30 Sittercise 2:30 Manly Manicures 5:45 Adult Coloring</p> <p><b>28</b></p>	<p>9:30 Morning Greetings 10:00 Sports Fitness 10:30 Brain Games 1:30 Monday Matinee 3:30 Memorial Day Discussion 5:45 BINGO</p> <p><b>29</b></p>	<p>9:30 Morning Greetings 10:00 Get Up &amp; Go Fitness 10:30 Fun &amp; Games 1:00 Water Flowers 2:30 Crafty Creations 5:45 Patio Time</p> <p><b>30</b></p> 	<p>9:30 Morning Greetings 10:00 Gardening Club 10:30 EmpowerMe Fitness 1:00 Resident Outing/Appt. 3:30 BINGO 5:45 Midweek Manicures</p> <p><b>31</b></p>	<p>We're Diggin' Life at Our Community!</p> <p>JAYBIRD SENIOR LIVING senior living reimagined</p>		