

# MAY



## Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

10:00 Coffee Talk  
10:45 Morning Stretches  
1:30 Gardening Club  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Jigsaw Puzzles

1

10:15 Church Service  
10:45 Live 2 B Healthy  
1:30 Craft Corner  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Cards/Board Games

2

10:00 Coffee Talk  
10:15 Morning Stretches  
10:45 Movie and Popcorn  
1:30 General Store Open  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Residents Choice

3

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
1:30 Left Right Center  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Coloring/Drawing/Painting

4

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
1:30 Cinco De Mayo Happy Hour  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Brain Games

5

10:00 Individual Stretches  
10:30 Coffee Talk  
1:30 Residents Choice  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Games/Cards

6

10:00 Individual Stretches  
10:30 Coffee Talk  
1:30 Residents Choice  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Games/Cards

7

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
1:30 Gardening Club  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Jigsaw Puzzles

8

10:15 Church Service  
10:45 Live 2 B Healthy  
1:00-3:00 Cycling Without Age  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Cards/Board Games

9

10:00 Coffee Talk  
10:15 Morning Stretches  
10:45 Movie and Popcorn  
1:30 Bingo  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Residents Choice

10

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
11:30 Picnic in the Park  
1:30 Left Right Center  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Coloring/Drawing/Painting

11

10:00 Coffee Talk  
10:45 Morning Stretches  
1:30 Mother's Day Tea Party  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Brain Games

12

10:00 Individual Stretches  
10:30 Coffee Talk  
1:30 Residents Choice  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Games/Cards

13

10:00 Individual Stretches  
10:30 Coffee Talk  
1:30 Residents Choice  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Games/Cards

14

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
1:30 Gardening Club  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Jigsaw Puzzles

15

10:15 Church Service  
10:45 Live 2 B Healthy  
1:30 Bingo With Michelle  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Cards/Board Games

16

10:00 Coffee Talk  
10:15 Morning Stretches  
10:45 Movie and Popcorn  
1:30 General Store Open  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Residents Choice

17

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
1:30 Horse Races  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Coloring/Drawing/Painting

18

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
1:30 Bingo  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Brain Games

19

10:00 Individual Stretches  
10:30 Coffee Talk  
1:30 Residents Choice  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Games/Cards

20

10:00 Individual Stretches  
10:30 Coffee Talk  
1:30 Residents Choice  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Games/Cards

21

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
1:30 Gardening Club  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Jigsaw Puzzles

22

10:15 Church Service  
10:45 Live 2 B Healthy  
1:30 Craft Corner  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Cards/Board Games

23

10:00 Coffee Talk  
10:15 Morning Stretches  
10:30 Resident Council  
1:30 Movie and Popcorn  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Residents Choice

24

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
1:30 Left Right Center  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Coloring/Drawing/Painting

25

10:00 Coffee Talk  
10:45 Live 2 B Healthy  
1:30 Bingo  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Brain Games

26

10:00 Individual Stretches  
10:30 Coffee Talk  
1:30 Residents Choice  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Games/Cards

27

10:00 Individual Stretches  
10:30 Coffee Talk  
1:30 Residents Choice  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Games/Cards

28

10:00 Coffee Talk  
10:45 Individual Stretches  
1:30 Residents Choice  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Jigsaw Puzzles

29

10:15 Church Service  
10:45 Live 2 B Healthy  
1:30 Uno  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Cards/Board Games

30

10:00 Coffee Talk  
10:15 Morning Stretches  
10:45 Movie and Popcorn  
1:30 General Store Open  
3:00 Afternoon Stroll  
3:30 Snack Social  
4:00 Residents Choice

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JAYBIRD SENIOR LIVING  
senior living *reimagined*



# MAY



## Memory Care ACTIVITY CALENDAR

### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Sensory Skills and Music  
1:00 One on One Activities  
3:00 Snack Social  
3:30 Coloring/Drawing  
4:00 Afternoon Stroll

1

10:00 Morning Stretches  
10:30 Sensory Skills  
11:00 Games with Penny  
1:00 Puzzles  
3:00 Snack Social  
3:30 Brain Games  
4:00 Afternoon Stroll

2

10:00 Morning Stretches  
10:30 Brain Game  
11:00 Music Speaks  
1:00 Arts and Crafts  
3:00 Snack Social  
3:30 Sensory Skills  
4:00 Afternoon Stroll

3

10:00 Morning Stretches  
10:30 One on One Activities  
11:00 Nail Salon  
1:00 Coloring/Drawing  
3:00 Snack Social  
3:30 Board Games  
4:00 Afternoon Stroll

4

10:00 Morning Stretches  
10:30 Music and Brain Games  
11:00 Arts and Crafts  
1:00 Movie and Popcorn  
3:00 Cinco De Mayo Social  
3:30 Puzzles  
4:00 Afternoon Stroll

5

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Music and Magazines  
1:00-3:00 One on One Activities  
3:00 Snack  
3:30 Puzzles  
4:00 Afternoon Stroll

6

10:00 Morning Stretches  
11:00 Music and Magazines  
1:00-3:00 One on One Activities  
3:00 Snack  
3:30 Puzzles  
4:00 Afternoon Stroll

7

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Sensory Skills and Music  
1:00 One on One Activities  
3:00 Snack Social  
3:30 Coloring/Drawing  
4:00 Afternoon Stroll

8

10:00 Morning Stretches  
10:30 Sensory Skills  
11:00 Card Games  
1:00 **Cycling Without Age**  
3:00 Snack Social  
3:30 Residents Choice  
4:00 Afternoon Stroll

9

10:00 Morning Stretches  
10:30 Brain Game  
11:00 Music Speaks  
1:00 Arts and Crafts  
3:00 Snack Social  
3:30 Sensory Skills  
4:00 Afternoon Stroll

10

10:00 Morning Stretches  
10:30 One on One Activities  
11:30 **Picnic in the Park**  
1:00 Coloring/Drawing  
3:00 Snack Social  
3:30 Board Games  
4:00 Afternoon Stroll

11

10:00 Morning Stretches  
10:30 Music and Brain Games  
11:00 Arts and Crafts  
1:30 Mother's Day Social  
3:00 Snack Social  
3:30 Puzzles  
4:00 Afternoon Stroll

12

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Music and Magazines  
1:00-3:00 One on One Activities  
3:00 Snack  
3:30 Puzzles  
4:00 Afternoon Stroll

13

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Music and Magazines  
1:00-3:00 One on One Activities  
3:00 Snack  
3:30 Puzzles  
4:00 Afternoon Stroll

14

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Sensory Skills and Music  
1:00 One on One Activities  
3:00 Snack Social  
3:30 Coloring/Drawing  
4:00 Afternoon Stroll

15

10:00 Morning Stretches  
10:30 Sensory Skills  
11:00 Games with Penny  
1:00 Puzzles  
3:00 Snack Social  
3:30 Brain Games  
4:00 Afternoon Stroll

16

10:00 Morning Stretches  
10:30 Brain Game  
11:00 Music Speaks  
1:00 Arts and Crafts  
3:00 Snack Social  
3:30 Sensory Skills  
4:00 Afternoon Stroll

17

10:00 Morning Stretches  
10:30 One on One Activities  
11:00 Nail Salon  
1:00 Coloring/Drawing  
3:00 Snack Social  
3:30 Board Games  
4:00 Afternoon Stroll

18

10:00 Morning Stretches  
10:30 Music and Brain Games  
11:00 Arts and Crafts  
1:00 Movie and Popcorn  
3:00 Snack Social  
3:30 Puzzles  
4:00 Afternoon Stroll

19

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Music and Magazines  
1:00-3:00 One on One Activities  
3:00 Snack  
3:30 Puzzles  
4:00 Afternoon Stroll

20

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Music and Magazines  
1:00-3:00 One on One Activities  
3:00 Snack  
3:30 Puzzles  
4:00 Afternoon Stroll

21

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Sensory Skills and Music  
1:00 One on One Activities  
3:00 Snack Social  
3:30 Coloring/Drawing  
4:00 Afternoon Stroll

22

10:00 Morning Stretches  
10:30 Sensory Skills  
11:00 Card Games  
1:00 Memory Games  
3:00 Snack Social  
3:30 Residents Choice  
4:00 Afternoon Stroll

23

10:00 Morning Stretches  
10:30 Brain Game  
11:00 Music Speaks  
1:00 Arts and Crafts  
3:00 Snack Social  
3:30 Sensory Skills  
4:00 Afternoon Stroll

24

10:00 Morning Stretches  
10:30 One on One Activities  
11:00 Nail Salon  
1:00 Coloring/Drawing  
3:00 Snack Social  
3:30 Board Games  
4:00 Afternoon Stroll

25

10:00 Morning Stretches  
10:30 Music and Brain Games  
11:00 Arts and Crafts  
1:00 Movie and Popcorn  
3:00 Snack Social  
3:30 Puzzles  
4:00 Afternoon Stroll

26

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Music and Magazines  
1:00-3:00 One on One Activities  
3:00 Snack  
3:30 Puzzles  
4:00 Afternoon Stroll

27

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Music and Magazines  
1:00-3:00 One on One Activities  
3:00 Snack  
3:30 Puzzles  
4:00 Afternoon Stroll

28

10:00 Morning Stretches  
10:30 Brain Games  
11:00 Sensory Skills and Music  
1:00 One on One Activities  
3:00 Snack Social  
3:30 Coloring/Drawing  
4:00 Afternoon Stroll

29

10:00 Morning Stretches  
10:30 Sensory Skills  
11:00 Games with Penny  
1:00 Puzzles  
3:00 Snack Social  
3:30 Brain Games  
4:00 Afternoon Stroll

30

10:00 Morning Stretches  
10:30 Brain Game  
11:00 Music Speaks  
1:00 Arts and Crafts  
3:00 Snack Social  
3:30 Sensory Skills  
4:00 Afternoon Stroll

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